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Australian & New Zealand Society of Palliative Medicine Inc

Annual Report 2017 – 2018

WELCOME TO THE 2017-18 ANNUAL REPORT

The Australia and New Zealand Society of Palliative Medicine Inc. (ANZSPM) is the peak body representing medical practitioners providing care for people with a life limiting illness in Australia and New Zealand.

ANZSPM was officially incorporated as an association on 17 October 1994 with 132 founding members, although its origins can be traced a few years' earlier. The first step in ANZSPM's formation was a letter dated 3 December 1991 written by Professor Ian Maddocks (subsequently elected as ANZSPM's first President) to colleagues soliciting interest in the formation of a society of palliative medicine for Australasia. The decision to adopt a constitution and incorporate as a society was made at a meeting held on 28 October 1993 in Melbourne, Australia and attended by 65 members.

Since its incorporation, ANZSPM has grown in size and impact, from 132 founding members in 1994 to 500 members at 30 June 2018, who together represent the diversity of medical practice in palliative care across different clinical and geographic settings in all parts of Australia and New Zealand. ANZSPM has also grown from an entirely volunteer-run society to having a dedicated secretariat, with a physical presence in Canberra since late 2016.

This annual report provides an account of ANZSPM's progress in 2017-18 against our published Strategic Plan for 2015-2018. The report includes information on membership growth and statistics, the year's significant activities and events, our governance and finances, and provides updates from ANZSPM's current Special Interest and Working Groups. It covers our achievements in 2017-18 and outlines our vision for the future, as captured in ANZSPM's strategy document for 2018-2021.

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PRESIDENT'S REPORT

2017-18 was a busy year for the ANZSPM office and Council with an emphasis on advocacy and representation and sharpening of ANZSPM's strategic focus.

Increasing advocacy activity was undertaken on behalf of members across several jurisdictions in both Australia and New Zealand around assisted dying and this is expected to continue into the next year, notably in Western Australia, Queensland and New Zealand. ANZSPM also worked with the Therapeutic Goods Administration and Department of Health on a range of expert groups and consultations during the year.

We continued to work with the Royal Australasian College of Physicians, Palliative Care Australia and Palliative Care Nurses Australia on policy matters of joint interest, including considering how we can take a greater leadership role in the wider region. In relation to regional matters, a Pacific Region Working Group was established during the year to consider how ANZSPM can leverage its membership and resources to support our Pacific neighbours. Opportunities for partnerships with other societies were also explored during the year, including potential for collaborations with the Thoracic and Geriatric Medicine Societies. Talks with the Thoracic Society grew out of the activities of the newly formed Respiratory Palliative Care Special Interest Group, established during the year and which is becoming quite active.

In terms of membership growth and support, the ANZSPM Workforce Survey was finalised during the year and a summary shared via the ANZSPM newsletter and website members' area. This was an important first step to capturing data about our members to help inform ANZSPM's efforts on workforce policy, which we aim to address further in the coming year.

ANZSPM's Trainee Days continued to prove a successful way to support professional development for Trainee Members, largely due to the immense efforts of our Trainee Representatives in Australia and New Zealand. I'd like to acknowledge in particular the work of Emily Cooper in the role of Trainee Representative on Council.

Council endorsed the 2018-2021 strategic plan towards the end of the year, following a productive strategic planning day held in Sydney in March 2018. The new strategy brings with it a new purpose, vision and mission for ANZSPM which puts people with a life limiting illness at the centre of everything that we do as ANZSPM and as medical practitioners working in palliative care. The strategy itself is intended to be flexible and nimble, with key focus areas around which we can identify opportunities and be both proactive and responsive as the situation requires.

I would like to thank my fellow Council members for their commitment to ANZSPM, and in particular to acknowledge the contribution of Dr Carol Douglas, who completed her term as ANZSPM President at the AGM in 2017 and continued to support myself and the rest of Council in the role of immediate Past President through the year.



Prof Meera Agar
ANZSPM President

CEO'S REPORT

2017-18 was my first full year in the role of ANZSPM CEO, working to support the ANZSPM Council in delivering against the 2015-18 Strategic Plan.

This was a year of transition in many ways for the ANZSPM office, with a number of changes implemented to streamline our governance and administration processes and support greater efficiencies that translate into time and cost savings. This included the implementation of a new cloud-based accounting system and incorporating the New Zealand accounts directly into that system for improved transparency and simplified reporting; transition to a new video/teleconferencing provider; and relocating to a more appropriate office environment for the secretariat staff team.

Against that administrative backdrop, the secretariat team dedicated much time and effort to advocacy activities and creating a more sustained online and media engagement to raise the profile of ANZSPM. Advocacy letters were sent to members of parliament in NSW, Victoria and New Zealand and submissions made to several consultations on end of life choices and draft legislation on assisted dying. We also made submissions on the National Palliative Care Strategy, Department of Health Consultation on Specialist Dementia Care Units (with key support from the Palliative Care for Older People SIG) and Therapeutic Goods Administration consultation on opioid use and misuse in Australia.

We continued to work to provide members with informative and interesting professional development opportunities, with a focus during the year on preparing for the ANZSPM Conference, held just outside the period, in September 2018. We also delivered five Trainee Days across Australia and New Zealand during the year. These were ably coordinated by ANZSPM Council's Trainee Representative Emily Cooper (Adelaide and Melbourne) with support from Sadie Dunn and Chi Li, and in New Zealand by Rachel Wiseman and Hilary Cleland (Christchurch), Jane Greville (Auckland), and Salina Iupati and James Kay (Wellington). As a society, we truly could not exist without the tremendous volunteer contributions of our members and the Trainee Days are clear examples of this!

Membership growth and support is always a key focus for ANZSPM and we worked to increase our member communications through the year by email and using social media platforms. A new closed Facebook group was established as a forum for engagement among Trainee Members and is slowly growing in members and participation. We also had strong growth in our Twitter following and established a new LinkedIn page and encourage members to please visit these pages and follow us.

The strategic planning day held in early 2018 was a wonderful opportunity for the Council to re-assess and share ideas and the resulting 2018-21 strategy document provides a platform to grow exciting initiatives over the coming years that we look forward to implementing. The new strategy presents plenty of opportunities for member engagement and I encourage all members to get involved with ANZSPM – by joining a committee or group (or suggesting a group); contributing content for communications, policies and position papers; and sharing your experience, ideas, research and opportunities on our website or at our events.



Simone Carton
Chief Executive Officer

OUR ORGANISATION

ANZSPM is the specialty medical society for medical practitioners who provide care for people with a life limiting illness in Australia & New Zealand. ANZSPM works to promote the discipline of palliative medicine, provide education and training in palliative medicine and professional development opportunities, to promote research in palliative medicine, and to provide a representative voice on policies relating to palliative medicine.

Strategic Plan 2015-18

The 2015-18 ANZSPM Strategic Plan defined our vision, mission, values and aspirations:

Our Vision

To be the driving force of palliative medicine in Australian and New Zealand.

Our Mission

To promote excellence in palliative medicine and to foster the professional development of doctors who practice palliative medicine.

Our Values

- ▶ Leadership
- ▶ Integrity
- ▶ Accountability
- ▶ Transparency
- ▶ Respect
- ▶ Compassion

Our Aspirations

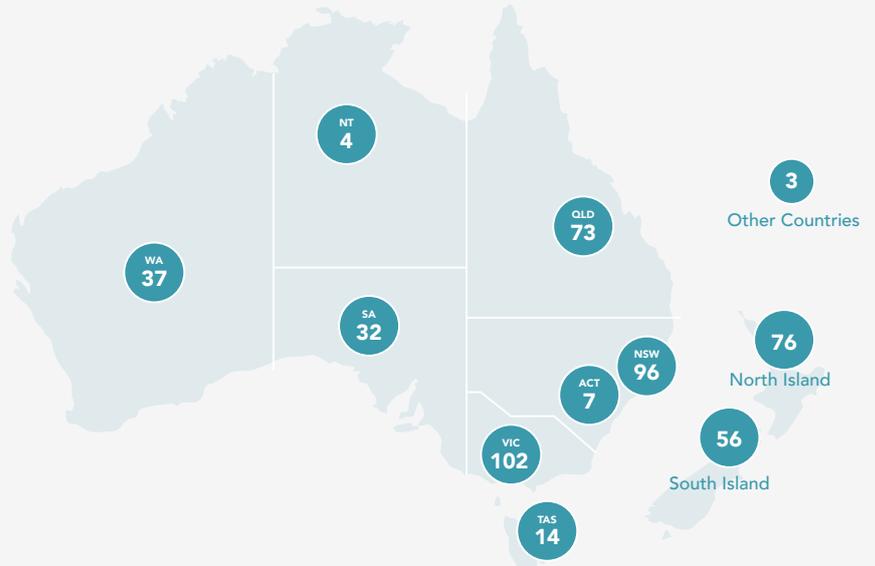
1. Support medical practitioners to achieve quality outcomes for patients and families/whānau.
2. Recognise the diversity of our membership and value their contributions.
3. Ensure that medical practitioners are an essential part of palliative care.
4. Prioritise and foster palliative care education.
5. Achieve a sustainable palliative care workforce.
6. Advocate for equity of access to palliative care.
7. Promote collaborative partnerships.

MEMBERSHIP

ANZSPM membership continues to grow with an increase in total membership growth to 500 at 30 June 2018 (compared with 486 members at 30 June 2017), representing a 2.8% increase over the year.

Membership snapshot

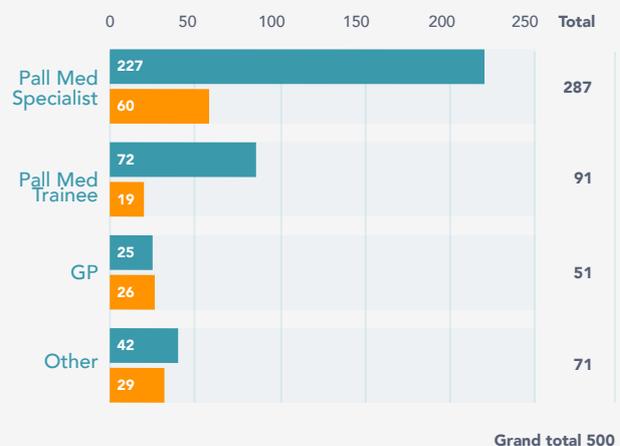
- 365 ANZSPM members are located in Australia (73%), 132 ANZSPM members are located in New Zealand (26%), and 3 ANZSPM members are currently residing in the USA and Canada (1%).
- 361 of our 500 members have Full Membership (72%), 105 members are Trainee Members (21%), 16 members are Retired (3%), 14 members are Associate Members (3%), 4 members are Life Members (1%).
- Australian Members:** 227 members are Palliative Medicine Specialists (62%), 72 are Palliative Medicine Trainees (20%), 24 members are General Practitioners (6%), 43 members are other (12%).
- New Zealand Members:** 60 members are Palliative Medicine Specialists (45%), 19 members are Palliative Medicine Trainees (14%), 26 members are General Practitioners (19%), 29 members are other (22%).



ANZSPM membership by members type



ANZSPM membership main role



GOVERNANCE

Council Members at 30 June 2018

- ▶ Professor Meera Agar (President)
- ▶ Dr Carol Douglas (Vice President/ Immediate Past President)
- ▶ Dr David Holden (Secretary)
- ▶ Dr Derek Eng (Treasurer)
- ▶ Dr Emily Cooper (Elected Councillor/ Trainee Representative)
- ▶ Dr Chi Li (Elected Councillor)
- ▶ A/Professor Leeroy William (Elected Councillor)
- ▶ Dr Salina Iupati (Appointed Councillor/ ANZSPM Aotearoa Committee Chair)
- ▶ Dr Astrid Adams (Elected Councillor)
- ▶ Professor Gregory Crawford (Ex Officio Member, AChPM President)

Council Members retired during 2017-18

Dr Simon Allan (Ex Officio Member, AChPM President)

ANZSPM Officers at 30 June 2018

- ▶ Ms Simone Carton (ANZSPM CEO)
- ▶ Frank Brennan (Public Officer)

Council Meeting attendance 2017-18

Name	Details	Meetings attended	Eligible to attend
Dr Carol Douglas	President (to 8 September 2017), Vice-President (as Immediate Past President from 8 September 2017)	4	6
Prof Meera Agar	President (from 8 September 2017), Vice-President (as President-Elect to 8 September 2017)	6	6
Dr Derek Eng	Treasurer	3	6
Dr David Holden	Secretary	5	6
Dr Emily Cooper	Elected Councillor/Trainee Representative	5	6
Dr Chi Li	Elected Councillor	5	6
Dr Leeroy William	Elected Councillor	6	6
Dr Salina Iupati	Appointed Councillor/ NZ Branch Chair (to 1 July 2018)	5	6
Dr Astrid Adams	Appointed Councillor (from 8 September 2017 to 1 July 2018)	3	4
Dr Simon Allan	Co-opted Councillor, Ex Officio as President AChPM (to 14 May 2018)	1	5
Prof Gregory Crawford	Co-opted Councillor, Ex Officio as President AChPM (from 14 May 2018)	1	1

ANZSPM AOTEAROA Committee Members at 30 June 2018

- ▶ Dr Salina Iupati (Chair)
- ▶ Dr Rachel Wiseman (Vice Chair, Treasurer)
- ▶ Dr Jane Greville (Secretary)
- ▶ Dr Astrid Adams
- ▶ Dr Moira Cunningham
- ▶ Dr Amanda Sommerfeldt
- ▶ Dr Vicki Jones (Trainee Representative)
- ▶ Dr Dianne Murphy (incoming co-opted Trainee Representative)

Chair Report

This was my last year in the role of Chair of ANZSPM's Aotearoa Committee, after four years on the committee including two in the role of Chair. I now hand the role over to Dr Rachel Wiseman, who served as Treasurer during the year. In 2017-18 the Aotearoa Committee met ten times and worked hard to deliver a range of professional development opportunities in New Zealand and to represent and advocate for ANZSPM's New Zealand members on current issues.

A significant achievement to start the year was the signing of a Memorandum of Joint Objectives with the Royal New Zealand College of General Practitioners, establishing a collaborative partnership aimed at supporting primary and community based palliative care and those working within it. The memorandum reflects the intentions of both organisations to help foster relationships, identify shared goals and to collectively strengthen and support the provision of palliative care services in the community. The first stage of the collaboration involved the establishment of a joint Working Group to develop work streams to progress actions under the memorandum, specifically in relation to GPEP Learning Activities and development of a set of proposed requirements for GP Advanced Competency in Palliative Care.

The ANZSPM Aotearoa Committee held two Annual Educational Updates during the year – in Christchurch in August 2017 and Wellington in June 2018. Both events were very successful, with a diverse range of topics addressed, engaged attendees and positive post-conference feedback received. Three ANZSPM Aotearoa Trainee Days were also held, two attached to the Annual Education Updates in Christchurch and Wellington and the third, a standalone event held in Auckland in March 2018. The success of these events reflects the strong commitment of our Aotearoa Committee in delivering quality professional development opportunities in New Zealand.

Advocacy was also a major focus during the year, starting with the Health Select Committee report on Assisted Dying, which the ANZSPM Aotearoa Committee responded to by way of a media release that was picked up in local media. This was followed by the reading of David Seymour's End of Life Choice Bill. With the support of the ANZSPM secretariat, we produced a communication that was sent out to all New Zealand Members of Parliament, outlining ANZSPM's published Position Statement on Euthanasia and Physician Assisted Suicide and calling on the New Zealand Government to focus its attention on the recommendations outlined in the Health Select Committee report to address inequities in palliative care across the country. Subsequently an ANZSPM submission was lodged with the Justice Committee with respect to its consultation on the Bill and I also attended a hearing with the Justice Committee to represent ANZSPM's position in person.

I would like to thank the ANZSPM Aotearoa Committee members for the support provided to me and the substantial contributions they have made over the past year and also all members who attended the Annual Education Updates and Trainee Days, and for their continued support for ANZSPM.



Salina Iupati
ANZSPM Aotearoa Committee Chair

SPECIAL INTEREST & WORKING GROUP REPORTS

Palliative Care for Older People Special Interest Group (SIG)

Membership at 30 June 2018

- ▶ Elissa Campbell (Chair)
- ▶ Michael Chapman
- ▶ Vicki Jones
- ▶ Meera Agar
- ▶ David Healey
- ▶ Hilary Cleland

Chair Report

The Palliative Care for Older People SIG was formed at the 2016 ANZSPM Conference. The SIG's objectives include to:

- ▶ Serve as a collaborative network for those with an interest in palliative medicine for older people.
- ▶ Identify dominant challenges in providing palliative care for older persons and support others to determine responses.
- ▶ Provide advocacy around palliative needs for older people.

The SIG currently consists of a six-person working group (a seventh position is currently vacant). The SIG has representation across different settings including metropolitan and rural; specialist palliative care, general practice and geriatric medicine; Australia and NZ; trainee and specialist; and hospital, primary care and aged care.

In 2017-18 the SIG developed a Terms of Reference for the group and assisted ANZSPM in providing feedback on various consultation papers. We had representation on a panel at the National Dementia Conference discussing "Advance Care Planning in Dementia."

Upcoming plans under consideration include a research development teleconference, support for advanced trainee research projects, and assisting ANZSPM to collaborate with other groups with shared interests (such as ANZSGM). We welcome any ANZSPM member with an interest in Palliative Care for Older People to join us.

Elissa Campbell

Palliative Care for Older People SIG Chair

Respiratory Special Interest Group

Membership at 30 June 2018

- ▶ Jennifer Philip (Chair)
- ▶ Rachel Wiseman
- ▶ Chien Chi Lin
- ▶ Natasha Smallwood
- ▶ Meg Sands
- ▶ Peter East Man
- ▶ Grace Walpole
- ▶ David Currow
- ▶ Peter Allcroft
- ▶ Greg Crawford
- ▶ Mark Thompson
(Consumer Representative)
- ▶ Anu Krishnan
- ▶ Chi Li
- ▶ Emily Neate

Chair Report

The Respiratory and Palliative Care SIG was formed in the second half of 2017, with the first meeting held in November that year. The impetus for forming this group was around four key areas: sharing of experiences and resources; education and training; research and capacity building; and advocacy.

A Terms of Reference was developed in 2017-18. The group has highlighted a number of areas of further development as follows, with formation of smaller working groups to progress priority areas:

- ▶ Sharing of experience of working in this interface
- ▶ Standardisation of data collected within services working in this interface
- ▶ Development and delivery of educational programs for health professionals: (1) symptom management; (2) communication skills training to better manage advance care planning discussions
- ▶ Development of patient & carer support resources regarding symptom management and palliation in chronic, non-malignant respiratory
- ▶ Creation of specific advanced trainee curricula and goals in this area
- ▶ National guideline development
- ▶ Research & capacity building
- ▶ Clinical resource development, standardisation and sharing
- ▶ Advocacy

The parallel development of a similar special interest group in the Thoracic Society of Australia and New Zealand has led to the consideration of a memorandum of understanding between the groups, which will continue to be developed in the coming year.

Jennifer Phillip

Respiratory and Palliative Care SIG Chair

Pacific Island Regional Working Group

Membership at 30 June 2018

- ▶ Salina Iupati (Chair)
- ▶ Jane Greville
- ▶ Linda Huggins
- ▶ Sue Marsden
- ▶ Dipti Mittal
- ▶ Wendy Pattemore
- ▶ Gillian Rothwell
- ▶ Anil Tandon
- ▶ Marla Williams
- ▶ Odette Spruyt

The Pacific Region Working Group was established during 2017-18 with a view to promoting the practice of palliative medicine by considering and developing options for strategic engagement in the Pacific Region. Over 2017-18 the Working Group met twice and developed a Terms of Reference, providing a basic standard of purpose and structure for the Group. The Group's focus during the year was on considering opportunities for training, such as a scholarship program and sponsored conference attendance.

Jane Greville has agreed to take over as Chair of the group from 1 July, as I step down from the role.

Salina Iupati

Chair, Pacific Region Working Group

YEAR IN REVIEW 2017-2018

Over 2017-18, ANZSPM continued to focus on activities aimed at achieving the goals set in the 2015-18 strategic plan, building on the work of the previous two years to support our vision to be the driving force of palliative medicine in Australia and New Zealand.

Strategic Initiatives 2015-2018

Four strategic initiatives were identified and pursued over the three-year period from 2015–2018. These strategic initiatives were designed to guide the practices of ANZSPM and help to provide direction over the three-year timeframe:

1. Grow and support the palliative medicine workforce in Australia and New Zealand through delivery of services to our members
2. Raise the profile of ANZSPM and the palliative medicine speciality by building relationships and influencing policy in both Australia and New Zealand
3. Implement and maintain effective governance, management and administration, and ensure ANZSPM's financial security
4. Promote research, quality and safety, and evidence-based practice and professional development in Australian and New Zealand

PERFORMANCE 2017-18

STRATEGIC GOAL	AREA	PROGRESS
1. Grow & Support Workforce	Education & Professional Development	5 x ANZSPM Trainee Days - across Australia and New Zealand 2 x ANZSPM Aotearoa Annual Educational Updates Planning for ANZSPM Conference 2018
	Membership Recognition & Support	3 x newsletters, regular member emails and increased online & social media engagement Introduced recognition of retiring members in newsletter Launch of closed Facebook forum for Trainee Members 57 career/scholarship opportunities shared online & by member email (compared 25 in 2016-17)
	Member & Workforce data	Growth in membership from 486 to 500 (2.8% increase) ANZSPM Workforce Survey completed & summary shared with members

STRATEGIC GOAL	AREA	PROGRESS
2. Raise Profile of ANZSPM & Palliative Medicine	Policy and Advocacy	<p>Palliative Sedation Guidance Document published July 2017</p> <p>6 x submissions to government/industry consultations:</p> <ul style="list-style-type: none"> - Australian National Palliative Care Strategy - End of Life Choice Bill – NZ - End of Life Choice consultations ACT & WA - TGA Consultation on opioid use & misuse in Australia - DoH Consultation on Specialist Dementia Care Units <p>Hundreds of representation letters sent to parliamentarians in NZ, NSW & Victoria</p> <p>News releases in Australia and New Zealand promoting ANZSPM position</p> <p>New Respiratory Palliative Care SIG & Pacific Region Working Group</p>
	Representation, Collaboration & Promotion	<p>Continued collaboration with RACP & PCA on shared initiatives</p> <p>Exploring opportunities for further collaboration (eg Thoracic Society, ANZSGM)</p> <p>Strong ANZSPM representation at APHN Conference 2017</p> <p>Increased ANZSPM social media presence (Twitter, LinkedIn, Facebook)</p>
3. Effective Governance, Management & Administration	Governance	<p>6 Council meetings held over the period</p> <p>Conversion to Company Ltd by Guarantee including updated constitution announced last year is progressing slowly</p> <p>Facilitated strategic planning day held February 2018 – new Strategic document shared with members</p>
	Financial	<p>Transition to new cloud-based accounting system complete – incorporating NZ data to simplify financial process for NZ committee</p> <p>New auditors appointed by Council July 2017</p>
	Administration	<p>Revised staffing structure introduced, with new administrative officer from end 2017 – post 30 June communications officer joined the part-time office team.</p> <p>Transition to Zoom for Council and NZ Committee members meetings for improved engagement with remote committee</p> <p>Office team implementing processes to support streamlined administration</p> <p>Work continuing on review of website and CRM upgrade</p>
4. Promote Research, Quality and Safety, & Evidence-based Practice & Professional Development	Initiatives	<p>ANZSPM member workforce survey conducted & results shared</p> <p>External survey requests promoted in accordance with survey request policy - 4 survey requests shared during the year</p> <p>1 request for support (non-financial) of external research considered</p> <p>Monitoring of government consultations and updates - changes shared via member emails and online</p>

LOOKING TO THE FUTURE

A Strategic Planning Day held in February 2018 led to the endorsement of a new purpose, vision and mission for ANZSPM and the design of a new set of strategic initiatives for 2018-21 that will guide our future activities:

Our Purpose

To improve health outcomes for every person with a life limiting illness living in Australian and New Zealand

Our Vision

To be renowned for influential medical leadership in palliative care in Australia and New Zealand

Our Mission

We are a society for medical practitioners, aiming to improve health outcomes by working with and influencing the system and community around the person with a life-limiting illness



Our 2018-2021 strategic document identifies five focus areas and key outcomes for each focus area that we will pursue in order to achieve our mission:



ANZSPM

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