

ANZSPM Member eNews – 29 January 2021

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ANZSPM updates



ANZSPM AOTEAROA
PALLIATIVE
MULTI-DISCIPLINARY TEAM
RETREAT
5 - 7 MARCH 2021
HANMER SPRINGS RETREAT
HANMER SPRINGS, NZ

Join the ANZSPM Aotearoa Committee for a 3-Day MDT retreat exploring resilience within palliative & end of life care.

Suitable for all health & social care professionals involved in palliative & end-of-life care.

Registrations now open!

REGISTRATIONS NOW OPEN: ANZSPM Aotearoa Palliative MDT Retreat | 5-7 March 2021

The retreat will explore the theme of "*Exploring resilience within palliative and end of life care*" over a weekend in March 2021 and is for health and social care professionals involved in palliative and end-of-life care. This unique event brings together speakers from diverse backgrounds with experience in end-of-life settings. It aims to stimulate debate and out of the box thinking, whilst also providing a context for reflection, renewal and restoration. For the full program, speaker profiles and to register, please [click here](#).



ANZSPM AOTEAROA
2021 TRAINEE & NEW
FELLOW DAY
4 MARCH 2021
NURSE MAUDE HOSPICE
CHRISTCHURCH, NZ

ANZSPM Aotearoa Trainees & New Fellows are invited to join us for the

2021 ANZSPM Aotearoa Trainee & New Fellow Day

A day full of training workshops, lectures and discussion.

Registrations now open!

2021 ANZSPM Aotearoa Trainee & New Fellow Day | 4 March 2021 | Christchurch, NZ

ANZSPM trainees are invited to attend the ANZSPM Aotearoa 2021 Trainee and New Fellow Day on 4 March 2021 at the Nurse Maude Hospice in Christchurch, NZ. This full day of training workshops, lectures

and discussion is an opportunity for Palliative Care trainees to engage with some of the leading practitioners in the field and to learn the latest and developing methodologies in Palliative Care practice. For the full program and to register (via Eventbrite), please click [here](#).

ANZSPM Aotearoa virtual Information session on Dexmedetomidine | 3 February 2021

A virtual information session on Dexmedetomidine will be held next Wednesday 3rd February 19:00-20:00 NZDT. This session, led by Dr Lana Ferguson, has been organised at the request of medical directors across New Zealand as Phenobarbital becomes more difficult to access for palliative sedation. If you would like to attend, please use the registration link provided below. For those unable to attend, we will provide information on how to access a recording later next week. To register in advance for this meeting, please click [here](#).

After registering, you will receive a confirmation email containing information about joining the meeting. Your palliative care and pharmacy colleagues are also welcome to join this session.

Get involved in this year's ANZSPM educational program.... Do you have expertise to share?

ANZSPM is putting together its annual core program of educational offerings and welcomes ideas including presenters. We thank in advance Catherine D'Souza, Anna Keedwell, Mark Boughey and all our past, current and new organisers and presenters for leading the development of the webinar program, NZ retreat, training days and annual update. All offers and suggestions for the program are welcomed and should be directed to comms@anzspm.org.au.

Let's grow our membership.....promote ANZSPM to your colleagues

Medical practitioners with an interest in palliative medicine may apply for membership. Please direct interested people to the online join facility on the ANZSPM website, where they can read about the many benefits of membership and submit an online application. Membership enquiries should be directed to info@anzspm.org.au.

Now available: Recordings of ANZSPM 2020 virtual trainee day webinar series

Due to the impact of COVID-19, ANZSPM decided to trial virtual trainee day webinars for its trainee members in lieu of face-to-face trainee days in Australia and New Zealand. These webinars provide education and professional training for our trainees in unprecedented times.

The recordings of the webinars are now available in the members area of our website allowing (trainee) members to (re-) watch the webinar at their leisure. To access the recordings, please click [here](#) and log in with your member details.

Updated: RACP Advanced Training program in Palliative Medicine

We have updated our ANZSPM resources website to provide some general information on the RACP Advanced Training Program in Palliative Medicine. We have also provided links to the RACP Palliative Medicine Advanced Training Curriculum and RACP Advanced Training in Palliative Medicine 2019-20 Program Requirements Handbook. Please click [here](#) to read more.

COVID-19 updates

ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available [here](#). Further updates coming soon! ANZSPM members are

encouraged to use and distribute these documents at their workplace. The Group continues its work this year, with a focus on issues that continue to impact Australians, such as visitation rights and disruptions, and the identification and treatment of the effects of long COVID on people in palliative care. You can download the guidance documents here.

National COVID19 Clinical Evidence Taskforce

The National COVID19 Clinical Evidence Taskforce on caring for people with COVID-19 has done an outstanding job during 2020 on expediting review of, and promulgating, emerging evidence. You can review the Taskforce Living Guidelines here <https://app.magicapp.org/#/guideline/L4Q5An>

NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website here.

Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (16 December 2020)
- Previous ACPCWG newsletter (21 October 2020)
- An online hub of resources can be found on the CareSearch website.

AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector here.

NZ: Health advice and latest updates on COVID-19

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website here.

Government News

AUS: Active ingredients prescribing mandatory from 1 February 2021

NPS MedicineWise is providing information for health professionals on active ingredients prescribing which is mandatory from 1 February 2021. PBS (Pharmaceutical Benefits Scheme) and RPBS (Repatriation Schedule of Pharmaceutical Benefits) prescriptions now need to include information about the active ingredients in each medicine. This initiative supports other government activities underway that encourage general awareness around active ingredients, such as the TGA initiative to make active ingredient names on medicine packaging easier to locate and read. For more information, click here.

Other updates

RACP: New Pomegranate episode: Ep66: Gendered Medicine 1- Heart Disease

RACP has published its latest Pomegranate Health podcast episode on gendered medicine.

Traditionally cardiovascular disease is thought of as a man's problem, but it's the leading cause of death for women as well as men in most of the industrialised world. Despite great advances in the management of heart disease in recent years, women are still not getting the same quality of care as men. Readmissions and mortality following an acute myocardial infarction at least two times higher in women as they are in men. Put simply, cardiovascular disease is better understood in men, the presentations and diagnosis occur more promptly, and therapies are more consistently delivered to male patients. This episode explores the subtle biases at every stage that nudge male and female patients down different health pathways and result in gendered health outcomes. Click here to access the episode.

RACP: Join the award-winning Pomegranate Health podcast Editorial Group

Pomegranate Health is recruiting new members to its editorial group. The position is open to RACP Fellows, trainees and a couple of positions may be made available to suitable non-RACP members as well. The role of the editorial group is to provide feedback to the podcast producer to maintain the high standards of the podcast. Responsibilities include:

- discussing and prioritising new topics for podcast development
- suggesting topic themes to explore and people to interview
- providing feedback on audio drafts

All communication is by email and members will be contacted about twice a month. Editorial group members can claim Category 1 CPD credits for their time spent developing this educational resource. For more information, please click here. Expression of interest forms must be returned **by February 21st, 2021**.

RACP Evolve Webinar Series 2021

The RACP is running an Evolve Webinar Series during 2021 on every 3rd Tuesday of the month to explore interesting topics related to reducing low-value practices and improving the quality and safety of healthcare. The inaugural webinar will feature Professor Ian Scott who will be presenting on 'Cognitive biases in clinical decision making'. The webinar will be held on **Tuesday, 16 February 2021, 6pm-7pm (AEDT)/8pm-9pm (NZDT)**. For more information and to register, click here.

ARTICLE: The Responding to Urgency of Need in Palliative Care (RUN-PC) Triage Tool

Palliative Medicine | Online – 21 January 2021. The Responding to Urgency of Need in Palliative Care (RUN-PC) Triage Tool is a novel, evidence-based tool by which specialist palliative care (PC) services can manage waiting lists and workflow by prioritising access to care for those patients with the most pressing needs in an equitable, efficient and transparent manner. An online survey of PC intake officers applying the RUN-PC Triage Tool to a series of 49 real clinical vignettes was assessed against a reference standard: a postal survey of expert PC clinicians ranking the same vignettes in order of urgency. The RUN-PC Triage Tool has good intra- and inter-rater reliability in inpatient, hospital consultation and community PC settings, and moderate to good correlation to expert opinion used as a reference standard.

Congratulations to ANZSPM members Bethany Russell, Jennifer Philip and others on this recently published validation study. **Abstract (w. list of references):** <http://bit.ly/2Y7Wesl>

ARTICLE: Caring precariously: An interpretive description of palliative care and welfare worker perspectives on end of life carers navigating social welfare

Palliative Medicine | Online 28 October 2020, Issue published: January 1, 2021.

An interpretive descriptive study employed in-depth, qualitative interviews to explore participants' reflections on working with carers of someone with a life-limiting illness. Data were analysed using the framework approach. Workers articulated understandings of welfare policy and its consequences for carers at end-of-life, including precariousness in relation to financial and housing circumstances. Identified resources and barriers to the navigation of social welfare needs by carers were categorised as personal, interpersonal and structural.

Abstract: <https://doi.org/10.1177/0269216320966492>.

This article was also chosen as 'Editor's Choice' for the January 2021 issue of *Palliative Medicine*. Read the EPAC blog post by **Kristin Bindley**, (Faculty of Health, The University of Technology Sydney, Australia) providing background to the longer article authored with Joanne Lewis, Joanne Travaglia and Michelle DiGiacomo, which was selected as 'Editor's Choice' in the January issue of 'Palliative Medicine'.

Professional training and development opportunities

Australian Centre for Grief and Bereavement online short course: Supporting Children and Adolescents Experiencing Grief and Loss | Intake Start Date: Monday February 1st, 2021

This Online Short Course will consider loss and grief from the perspective of the needs of grieving children and adolescents. Young people have different needs to adults when they experience loss. Adults who provide care and support need to be sensitive to these unique needs. This course will explore the developmental changes in childhood and adolescence and a range of support strategies that can be effective when supporting grieving children and adolescents. For more information and to register, please click here.

NZ: University of Otago: HEALTH PROFESSIONALS COURSE: Application of the Hui Process / Meihana Model to Clinical Practice | online modules and one day course on 27 July 2021 | Christchurch, NZ

Open to the anyone working in the health community, this course comprises on-line learning modules and one on-site training seminar held in Christchurch on 27 July 2021. The course objective is to support health practitioners to feel informed and confident in the development of Hauora Māori competencies, with a special focus on the application of the Hui Process and Meihana Model. For more information and to register, please click here.

Upcoming Events

Please note: In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

2021 EVENTS

2021 ANZSPM Aotearoa Trainee & New Fellow Day | 4 March 2021 | Christchurch, NZ

For more information, the full program and to register (via Eventbrite), please click here.

ANZSPM Aotearoa Palliative MDT Retreat –5-7 March 2021

The ANZSPM Aotearoa Committee is hosting a multidisciplinary team retreat over 3 days on the theme of *“Exploring resilience within palliative and end of life care”* on 5 – 7 March 2021 in Hanmer Springs, NZ.

Kidney Supportive Care Symposium | 12 March 2021 | Royal Brisbane and Women’s Hospital Education Centre

The 2021 Kidney Supportive Care Symposium will be an opportunity to hear from leading international and local speakers on the latest in Kidney Supportive Care. This Symposium is targeted at renal and palliative care clinicians across all disciplines, academics, and consumers. This symposium is a blended event and can be attended in person or on-line. Event Program and registration details TBA. For further information please email Laura.Austin@health.qld.gov.au

PaCCSC & CST Annual Research Forum 2021: Clinical Trials in a Changing World | 11-12 March 2021 | via ZOOM

This will be a joint forum that brings together leaders in palliative care & cancer symptom management. For more information about the program and speakers, [click here](#). To register, [click here](#).

Advanced European bioethics course “Suffering, Death and Palliative Care”, Nijmegen, the Netherlands, 16-19 March 2021

This course is organized by the section of Healthcare Ethics, IQ healthcare (Radboud University Medical Centre). More information at: <https://bit.ly/2eqVZ4A>

Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra

More information at dcconferences.com.au/aps2021/

7th Rural and Remote Health Scientific Symposium | 24-25 May 2021 | Alice Springs, NT

More information at <https://www.ruralhealth.org.au/7rrhss/>

2021 Oceanic Palliative Care Conference | 7-10 September 2021

Early Bird Registrations and the Call for Abstracts will open on 27 January 2021. More at: <https://oceanicpallcare.com/>

European Association for Palliative Care (EAPC): 17th World Congress | Online | 6-8 October 2021

The EAPC Congress will be held online on 6 - 8 October 2021. Abstract submission now open until 14 February 2021. More at: <https://www.eapc-2021.org/scientific-information/abstract-presentation/>

Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

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Our standard office hours: Mon-Fri 9.15am-2.45pm AEST

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