

ANZSPM Member eNews – 8 January 2021

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ANZSPM updates



Join the ANZSPM Aotearoa Committee for a 3-Day MDT retreat exploring resilience within palliative & end of life care.

Suitable for all health & social care professionals involved in palliative & end-of-life care.

Registrations now open!

REGISTRATIONS NOW OPEN: ANZSPM Aotearoa Palliative MDT Retreat | 5-7 March 2021

The retreat will explore the theme of "*Exploring resilience within palliative and end of life care*" over a weekend in March 2021 and is for health and social care professionals involved in palliative and end-of-life care. This unique event brings together speakers from diverse backgrounds with experience in end-of-life settings. It aims to stimulate debate and out of the box thinking, whilst also providing a context for reflection, renewal and restoration. For the full program, speaker profiles and to register, please [click here](#).



ANZSPM Aotearoa Trainees & New Fellows are invited to join us for the

2021 ANZSPM Aotearoa Trainee & New Fellow Day

A day full of training workshops, lectures and discussion.

Registrations now open!

2021 ANZSPM Aotearoa Trainee & New Fellow Day | 4 March 2021 | Christchurch, NZ

ANZSPM trainees are invited to attend the ANZSPM Aotearoa 2021 Trainee and New Fellow Day on 4 March 2021 at the Nurse Maude Hospice in Christchurch, NZ. This full day of training workshops, lectures and discussion is an opportunity for Palliative Care trainees to engage with some of the leading

practitioners in the field and to learn the latest and developing methodologies in Palliative Care practice. For the full program and to register (via Eventbrite), please click [here](#).

Need a new year 's resolution? Get involved in an ANZSPM Special Interest Group!

How about getting involved in an ANZSPM Special Interest Group which has been approved by and reports to the ANZSPM Council?

The following Special Interest Groups are currently in operation and welcome new members:

- [COVID-19](#) (Chair - Michael Chapman)
- Renal Supportive Care (Chair - Frank Brennan)
- Palliative Care for Older Persons (Chair -Elissa Campbell)
- Respiratory Palliative Care (Chair -Jennifer Philip)
- Rural & Remote Practice (in development) (Chairs - Suzanne Rainsford and Alison Blight)

SIGs in the areas of Paediatric Palliative Care and General Practice are in the process of being established.

Members interested in engaging with other members sharing an interest in the areas identified are encouraged to email info@anzspm.org.au about joining a Special Interest Group.

Now available: Recordings of ANZSPM 2020 virtual trainee day webinar series

Due to the impact of COVID-19, ANZSPM decided to trial virtual trainee day webinars for its trainee members in the second half of the year in lieu of face-to-face trainee days in Australia and New Zealand. These webinars provide some education and professional training for our trainees in unprecedented times. The recordings of the webinars are now available on the members area of our website allowing trainee members to (re-) watch the webinar at their leisure. To access the recordings, please click [here](#) and log in with your member log in details:

COVID-19 updates

Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (16 December 2020)
- Previous ACPCWG newsletter (21 October 2020)
- An online hub of resources can be found on the CareSearch website.

ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available [here](#). With further updates coming soon! ANZSPM members are encouraged to use and distribute these documents at their workplace. You can download the guidance documents [here](#).

National COVID19 Clinical Evidence Taskforce

The National COVID19 Clinical Evidence Taskforce....

NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website here.

AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector here.

NZ: Health advice and latest updates on COVID-19

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website here.

Government News

AUS: Department of Health publishes independent review of COVID-19 outbreaks at St Basil's & Epping Gardens aged care facilities

On 21 December 2020, the Department of Health published an independent review undertaken by Professor Lyn Gilbert and Adjunct Professor Alan Lilly into COVID-19 outbreaks at St Basil's Home for the Aged and Heritage Care Epping Gardens in Victoria. For more information and to download the review, please click here.

Other updates

Palliative Care Advocacy Network for the Western Pacific WHO region Inaugural meeting report

This meeting was held by videoconference on 9 December 2020 with around 40 participants from the WP WHO region, including PNG, Fiji, Philippines, New Zealand and Australia. The workshop was a collaboration between a number of national and international groups and supported by the IAHP. The aims were to meet each other and explore the establishment of a palliative care advocacy network for the WP region, and to start to prepare an advocacy agenda for 2021. Thirdly, the meeting was aimed to stimulate interest in advocacy and motivate participants to actively engage in advocacy within their own spheres of influence and control. Feedback from participants supported the formation of a network dedicated to advocacy in our region. The network hopes to facilitate awareness of palliative care through education and training and through sharing of knowledge, assistance with improving government support and funding, to help raise competencies in aspects of effective advocacy, and to build a supportive network across countries which will directly impact on patient care. The network was effectively launched at this meeting. The second meeting is scheduled for mid-January 2021. For more information and to express interest, go to www.apli.net.au.

NSW: Inquiry into Health outcomes and access to health and hospital services in rural, regional and remote New South Wales

The NSW Legislative Council's Portfolio Committee No. 2 – Health has commenced an inquiry into Health outcomes and access to health and hospital services in rural, regional and remote New South Wales. ANZSPM has been advised that the submission closing date has been extended to 15 January 2021. ANZSPM is developing a submission with members of its Rural & Remote SIG and of its NSW policy advisory committee. Please contact info@anzspm.org.au if you want to contribute. Members might wish to make a submission in their own right.

ARTICLE: The impact of public health palliative care interventions on health system outcomes: A systematic review

Palliative Medicine | Online – 23 December 2020 – Public health palliative care (PC) interventions are increasingly implemented, with growing recognition of the importance of building evidence to support their utility in end-of-life (EoL) care. Previous efforts have focused on community outcomes. Searches yielded 2,622 unique titles screened for eligibility, resulting in 35 studies measuring outcomes from a public health PC approach. Five studies assessed health system outcomes, and three reported some mixed evidence of impact, including reduced hospital emergency admissions, hospital bed days, hospital costs and increased home deaths. Most studies instead reported on conceptual, knowledge, programme participation and/or individual health outcomes. The impact of public health PC is an evolving area of empirical inquiry with currently only limited evidence that it improves healthcare utilisation outcomes at the EoL, and limited focus on measurement of these outcomes. Further empirical studies are needed to support the reorientation of health services, which remains an important component in realising “whole of system change” to bring about quality EoL care for all. **Abstract** (w. list of references): <http://bit.ly/2M37kwB>

ARTICLE: Bolstering general practitioner palliative care: A critical review of support provided by Australian guidelines for life-limiting chronic conditions

Healthcare | Online – 11 December 2020 – General practitioners (GPs) are increasingly expected to provide palliative care (PC) as ageing populations put pressure on specialist services. Some GPs, however, cite barriers to providing this care including prognostication challenges and lack of confidence. PC content within clinical practice guidelines might serve as an opportunistic source of informational support to GPs. This review analysed PC content within Australian guidelines for life-limiting conditions to determine the extent to which it might satisfy GPs’ stated information needs and support them to provide quality end-of-life care. The nine guidelines meeting inclusion criteria were heterogenous in scope and depth of PC domain coverage. The “communication” needs domain was best addressed while patient physical and emotional needs were variably covered. Spiritual, out-of-hours, terminal care and aftercare content was scant. Few guidelines addressed areas GPs are known to find challenging or acknowledged useful decision-support tools. A template covering important domains might reduce content variability across guidelines. **Full text:** <http://bit.ly/21R9tu5>

ARTICLE: New findings: Caring Advanced Cancer Patients at Home During COVID-19 Outbreak: Burnout and Psychological Morbidity Among Palliative Care Professionals in Italy

Journal of Pain and Symptom Management | 26 November 2020 - Providing palliative care (PC) at home for patients with advanced cancer has become essential during the COVID-19 emergency. Nevertheless, the home PC professionals (PCPs) faced a challenging situation because of increased number of discharged patients, reduced availability of health-care facilities, and physical/relational barriers between them and patients. This study aimed to investigate the impact of COVID-19 pandemic on burnout and psychological morbidity among home PCPs in Italy. It found that in the age of COVID-19, the awareness of being at the forefront of containing the pandemic along with the sense of responsibility toward their high-risk patients may arouse PCPs' psychological distress, but, on the other hand, this condition may improve their sense of professional satisfaction and personal accomplishment. **Full article:** [https://www.jpmsjournal.com/article/S0885-3924\(20\)30896-4/fulltext](https://www.jpmsjournal.com/article/S0885-3924(20)30896-4/fulltext)

Professional training and development opportunities

NZ: University of Otago: HEALTH PROFESSIONALS COURSE: Application of the Hui Process / Meihana Model to Clinical Practice | online modules and one day course on 27 July 2021 | Christchurch, NZ

Open to the anyone working in the health community, this course comprises on-line learning modules and one on-site training seminar held in Christchurch on 27 July 2021. The course objective is to support health practitioners to feel informed and confident in the development of Hauora Māori competencies, with a special focus on the application of the Hui Process and Meihana Model. For more information and to register, please click here.

Upcoming Events

Please note: In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

2021 EVENTS

2021 ANZSPM Aotearoa Trainee & New Fellow Day | 4 March 2021 | Christchurch, NZ

For more information, the full program and to register (via Eventbrite), please click here.

ANZSPM Aotearoa Palliative MDT Retreat –5-7 March 2021

The ANZSPM Aotearoa Committee is hosting a multidisciplinary team retreat over 3 days on the theme of *“Exploring resilience within palliative and end of life care”* on 5 – 7 March 2021 in Hanmer Springs, NZ. More information to follow soon.

Kidney Supportive Care Symposium |12 March 2021| Royal Brisbane and Women’s Hospital Education Centre

The 2021 Kidney Supportive Care Symposium will be an opportunity to hear from leading international and local speakers on the latest in Kidney Supportive Care. This Symposium is targeted at renal and palliative care clinicians across all disciplines, academics, and consumers. This symposium is a blended event and can be attended in person or on-line. Event Program and registration details TBA. For further information please email Laura.Austin@health.qld.gov.au

PaCCSC & CST Annual Research Forum 2021: Clinical Trials in a Changing World | 11-12 March 2021 | via ZOOM

This will be a joint forum that brings together leaders in palliative care & cancer symptom management. For more information about the program and speakers, click here. To register, click here.

Advanced European bioethics course “Suffering, Death and Palliative Care”, Nijmegen, the Netherlands, 16-19 March 2021

This course is organized by the section of Healthcare Ethics, IQ healthcare (Radboud University Medical Centre). More information at: <https://bit.ly/2eqVZ4A>

Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra

More information at dconferences.com.au/aps2021/

7th Rural and Remote Health Scientific Symposium |24-25 May 2021|Alice Springs, NT

<https://www.ruralhealth.org.au/7rrhss/>

2021 Oceanic Palliative Care Conference | 7-10 September 2021

Early Bird Registrations and the Call for Abstracts will open on 27 January 2021. More at:
<https://oceanicpallcare.com/>

Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

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