

## ANZSPM Member eNews – 13 November 2020

### In this edition:

- ANZSPM 2020 AGM – Closing date for Council nominations is 16 November 2020
- **Save the date!** – Rescheduled Aotearoa Palliative MDT Retreat – 5 - 7 March 2020
- Invitation to attend the **APLI Palliative Care Advocacy Network for the Western Pacific WHO Region inaugural meeting 9 December 2020**
- AUS: Department of Health releases ‘Serious Incidence Response Scheme’ in aged care
- Upcoming events
- Careers – latest jobs link

### ANZSPM 2020 Annual General Meeting

A reminder that the 2020 Annual General Meeting of the Australian and New Zealand Society of Palliative Medicine (ANZSPM) will be held on Tuesday 24 November 2020. A Notice of Meeting and Call for Nominations was emailed to all members recently.

Nominations of members of Council must be made in writing on the nomination form and emailed to [submissions@anzspm.org.au](mailto:submissions@anzspm.org.au) with the subject line “ANZSPM Council Member nomination” by **Monday 16 November 2020**. Members interested in nominating are encouraged to contact the ANZSPM office ([info@anzspm.org.au](mailto:info@anzspm.org.au)) to discuss their interest in joining the Council.

### COVID-19 updates

#### Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (21 October 2020)
- Previous ACPCWG newsletter (6 October 2020)
- An online hub of resources can be found on the CareSearch website.

#### ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available here. With further updates coming soon! ANZSPM members are encouraged to use and distribute these documents at their workplace. You can download the guidance documents here.

#### NEW: Palliative care flow chart published by National COVID19 Clinical Evidence Taskforce

The National COVID19 Clinical Evidence Taskforce published its new MANAGEMENT OF PEOPLE WITH COVID-19 WHO ARE RECEIVING PALLIATIVE CARE flowchart.

#### NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website here.

#### AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector here.

## **NZ: Health advice and latest updates on COVID-19**

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website [here](#).

## **Government News**

### **TAS: VAD Legislation passes Tasmanian Upper House**

Tasmania's Upper House has passed laws to legalise VAD. The laws still have to be dealt with in the Lower House and the Government has committed to debating the legislation by the end of the year. The University of Tasmania will report back to the Government on the legislation by March 2021. For more information, [click here](#).

### **ACT: ACT Government considers path to euthanasia laws, setting the stage for territory rights battle**

This month, when ACT Chief Minister Andrew Barr named his new cabinet, he included the new position of Human Rights Minister. He said the minister, Tara Cheyne, would "lead the Government's advocacy for the right of our community to determine laws on voluntary assisted dying". For more information [click here](#).

### **NSW: \$56 million funding boost for Palliative Care Supports**

The NSW Government has announced another boost in funding to assist people approaching their end of life. The \$56 million is being allocated from the 2020-21 NSW Budget in addition to the \$220 million invested annually in palliative care. From July 1 2021, an additional 5000 End of Life home support packages will be made available across NSW. For more information, [click here](#).

### **AUS: Department of Health releases 'Serious Incidence Response Scheme' in aged care**

The Serious Incident Response Scheme (SIRS) will help reduce abuse and neglect in Australian Government-subsidised residential aged care. The scheme will build providers' skills so they can better manage and respond to serious incidents and better support care recipients. For more information, [click here](#).

### **Last chance to have your say - Cancer Australia's National Pancreatic Cancer Roadmap**

ANZSPM has received an invitation from Cancer Australia to participate in the National Pancreatic Cancer Roadmap through a dedicated Consultation Hub. The National Pancreatic Cancer Roadmap will identify key priority areas for action over the next five years to improve outcomes for people with pancreatic cancer. It will consider all aspects of the cancer pathway, including prevention, early detection, diagnosis, treatment, supportive and palliative care. The **Consultation Hub will be open until 30 November 2020** and can be found [here](#).

### **AIHW: Health expenditure Australia 2018-19**

The Australian Institute of Health and Welfare (AIHW) published its Health expenditure Australia 2018-19 report showing that spending on health goods and services grew by 3.1% to \$195.7 billion in 2018-19. The report presents spending data for the financial year before the first cases of COVID-19 were diagnosed in Australia. To download the report, [click here](#).

## **ANZSPM updates**

### **SAVE the DATE : Re-scheduled ANZSPM Aotearoa Palliative MDT Retreat –5-7 March 2021**

The ANZSPM Aotearoa Committee is delighted to announce that it will be hosting a multidisciplinary team retreat over 3 days on the theme of "*Exploring resilience within palliative and end of life care*" on 5 – 7 March 2021 in Lower Hutt, NZ. The aim of the retreat is to allow you to return to your place of work affirmed, invigorated, motivated and refreshed. This retreat was initially scheduled to take place in April 2020 but had to be postponed due to the COVID-19 pandemic. An updated program and registration form will be available soon on the ANZSPM website under "Events" . To enquire about the retreat please email [nzadmin@anzspm.org.au](mailto:nzadmin@anzspm.org.au)



ANZSPM  
AOTEAROA  
PALLIATIVE  
MULTI-  
DISCIPLINARY  
TEAM  
RETREAT

5 - 7 MARCH 2021  
LOWER HUTT,  
WELLINGTON

## SAVE THE DATE!

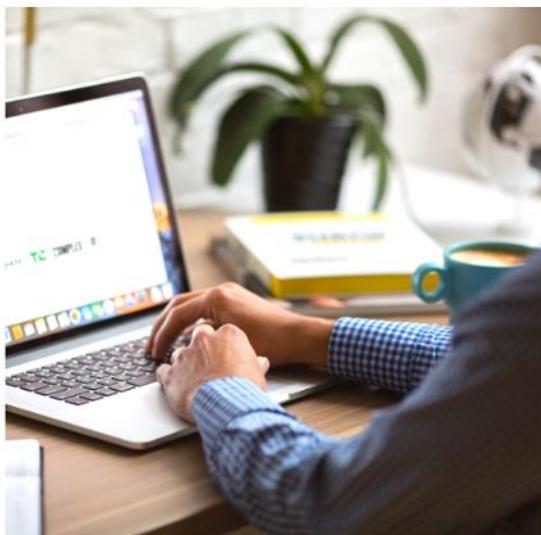
JOIN THE ANZSPM AOTEAROA COMMITTEE FOR  
ITS RE-SCHEDULED 3-DAY MDT RETREAT  
EXPLORING RESILIENCE WITHIN  
PALLIATIVE & END OF LIFE CARE.

SUITABLE FOR ALL HEALTH & SOCIAL CARE  
PROFESSIONALS INVOLVED IN PALLIATIVE & END-OF-LIFE  
CARE.

Registrations to open soon. To enquire about the  
retreat, email [nzadmin@anzspm.org.au](mailto:nzadmin@anzspm.org.au)

ANZSPM

### ANZSPM webinar series in 2020



#### ANZSPM Webinars

via @TheRACP

ANZSPM members are invited to join us for a series of  
webinars over the next 6 months on:

- Advanced Care Planning & incorporating VAD: the adult & paediatric perspective
- Palliative care in pandemics
- Update on opioids for breathlessness
- Haematology and Palliative Care

**Our Members will be emailed registration details or  
can contact [info@anzspm.org.au](mailto:info@anzspm.org.au) to find out more.**

**Not a member? Join now at [anzspm.org.au](http://anzspm.org.au)!**

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The webinars are supported by the Royal Australasian College of  
Physician's 2020 webspilot program.

With the support of the RACP, ANZSPM is again able to bring to our members a series of webinars over the 6 months June to December 2020. Please save the dates for the final RACP ANZSPM webinar for 2020, with registration details being sent shortly:

ANZSPM webinar topic	Speaker	Speaker presentation date & time	Register for this webinar:
Haematology and Palliative Care	Dr Rob Weinkove & Dr Zoe McQuilten	24-Nov-20; 6pm AEDT	<a href="https://racp.zoom.us/webinar/register/WN__tgFo4AgTLaor8yBRhFoKA">https://racp.zoom.us/webinar/register/WN__tgFo4AgTLaor8yBRhFoKA</a>

### Recordings of 2020 ANZSPM webinars

Please note that the ANZSPM webinars are now also available in the Member area of our website under 'past events'

ANZSPM webinar topic	Speaker	Link to recording on RACP website (RACP member log in required)
Update on opioids for breathlessness	Prof David Currow	To be advised!
Palliative Care in Pandemics	A/Prof Will Cairns/Dr Rachel Coghlan	<a href="https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine">https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine</a>
Advance Care Planning & incorporating VAD: the adult & paediatric perspective	A/Prof Jenny Hynson & Dr Barbara Hayes	<a href="https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine">https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine</a>
Public Health Palliative Care, including post COVID-19 PHPC directions	Dr Bruce Rumbold	<a href="https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine">https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine</a>
Palliative care during the COVID-19 pandemic - experiences from a busy London hospital	Dr Sabrina Bajwah & Dr Rachel Wiseman	<a href="https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine">https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine</a>

### 2<sup>nd</sup> ANZSPM trainee day 2020 webinar

After a successful first webinar earlier this year, we are pleased to announce that we are going to hold another webinar on 26 November 2020 exclusively for our trainees. This webinar will be on the topic of **"Exploring and responding to psycho-existential issues in palliative care"** presented by A/Prof Natasha Michaels and will be hosted by Dr Anna Keedwell, ANZSPM trainee representative. Invitations have been emailed to all ANZSPM trainee members including a link to register for this ZOOM webinar.

### Other updates

#### Australasian Palliative Link International (APLI) - Palliative Care Advocacy for the Western Pacific WHO Region inaugural meeting – 9 December 2020 – 1200pm ADST

ANZSPM members are invited to attend the inaugural meeting of palliative care, humanitarian, governmental and policy organisations and experts, to establish a Palliative Care Advocacy Network for the Western Pacific region. The objective of this meeting is to create a forum in which advocates with expertise and understanding of the need for improved access to palliative care can collaborate to identify the priorities for

palliative care advocacy in 2021 and beyond. Participants in the meeting will be invited to share initiatives and advocacy work being conducted in their countries/organisations and discuss a program for engagement with key advocacy moments during 2021, including the World Health Assembly and Western Pacific Regional Forum. **RSVP** Please indicate your interest in attending this meeting by emailing Dr Odette Spruijt at [chairman@apli.net.au](mailto:chairman@apli.net.au) by **7th December 2020**.

### **AMA Every Doctor, Every Setting: A National Framework**

On 16 October the National Framework was launched to guide coordinated action on the mental health of doctors and medical students. The recording is now available from [here](#) - please scroll down to the bottom of the page to view the recording. Doctors and medical students can find more information here.

### **NEW! RACP Pomegranate podcast Ep64: Big Pharma and the People's Vaccine**

RACP has published part 2 in the podcast series on global public health which focuses on the impact of intellectual property laws on the development and distribution of pharmaceuticals. The COVID-19 pandemic has stimulated a frenzy of vaccine development never seen before, but also examples of hoarding, price hikes and vaccine nationalism. The crisis has brought together scores of governments, manufacturers and philanthropic organisations to pool research outcomes and patents, but the response from big pharma has been mixed. The podcast discusses where the IP rules have come from and where exceptions are sometimes made for public health emergencies. It also discusses how pooled procurement mechanisms and advanced market commitments can help get drugs and vaccines to populations in developing countries and whether COVID-19 can prompt a permanent change to the existing IP regime. *Fellows of the RACP can claim CPD credits via MyCPD for listening to this episode and reading the resources at the website. You can download the episode here.*

### **EAPC Blog: Widening access to palliative care for people with intellectual disabilities**

A new multimedia resource to help care for people with intellectual disabilities has been made freely available across the world. The resource is based on lived experience from people with intellectual disabilities, family carers and health professionals. For more information, click here.

### **EAPC: Last chance to participate in a Delphi survey to establish standards and norms for palliative and hospice care**

In 2009-10 EAPC undertook a survey and built a European consensus on standards and norms for hospice and palliative care. The results were published as two White Papers in the European Journal of Palliative Care. However, these standards and norms are now over a decade old. This survey seeks to update these standards and norms. The survey closes **Friday 13 November 2020**. Click here to take part in the survey.

### **IAHPC: Free memberships for students and fellows/residents**

The International Association of Hospice and Palliative Care (IAHPC) offers free memberships to any students and fellows/residents interested in the care of individuals across all ages with serious health-related suffering due to severe illness, and especially of those near the end of life. A free membership for all undergraduate university students in any discipline and a free membership for post-graduate students in a palliative care program is on offer. For more information, click here.

### **WHPC: The 2<sup>nd</sup> edition of the Global Atlas of Palliative Care is now available**

Worldwide Hospice Palliative Care Alliance (WHPCA) has recently published the second edition of the Global Atlas of Palliative Care which shows that almost 57 million people need palliative care and only 12% of the overall need for palliative care is being met. For more information and to download the Atlas, click here.

### **ARTICLE: The impact of COVID-19 on the hospice and palliative care workforce**

*Public Health Nursing* | Online – 27 October 2020 – The findings of this cross-sectional survey suggest that the

COVID-19 pandemic has strained the palliative and hospice care workforce as it provides increased services at an unprecedented rate to patients and families. The implications of these findings are important for public health nurses who are skilled in disaster management and in quickly responding to emergencies. The expertise of public health nurses can be leveraged to support palliative care (PC) agencies as they strive to manage the pandemic in the communities they serve. Most survey respondents (70%) reported an increase in specific PC services as a result of the pandemic. Two thirds (78%) of respondents reported their agency has cared for confirmed COVID-19 patients. Only half reported the agency had access to laboratory facilities for surveillance and detection of outbreaks in both patients and staff (58%) and that the agency could test patients and providers for COVID-19 (55%). Qualitative comments described the impact of the pandemic and resulting social distancing measures on the emotional well-being of patients, families, and staff. **Abstract:** <https://bit.ly/37KEvhj>

#### **ARTICLE: Factors influencing nurse retention within children's palliative care**

*Journal of Child Health Care* | Online – 31 October 2020 – Whilst there are clearly difficulties associated with working with children who are receiving palliative care (PC), one of the key findings from the authors' research was the positivity and passion that staff articulated. Participants thought that those outside of the sector had a more negative view of PC – they felt that this meant that parents may be reluctant to consider a hospice option for their child as they may equate it with end of life. However, study participants highlighted that PC focuses on life and living rather than death and dying; they talked about the available resources and alternative therapies as well as holistic care and having more time to spend with children and their families. In addition, they really valued the relationships between nurses, children and their families as well as feelings of reward and benefit from being able to offer a substantive amount of respite provision. The authors' findings resonate with a range of other literature that acknowledges positive factors that may influence how staff view working in this sector which may, in turn, contribute to staff retention. This research revealed that staff are dedicated, motivated and passionate about their work; however, in order to retain staff in this demanding environment, they require the infrastructure to support their professional development and emotional well-being. Bespoke programmes, such as those offered in this study, offer a possible solution; whilst they are not without financial and resource implications, they have the potential to facilitate the retention of experienced nurses and impact positively on care for children and their families. **Full text:** <https://bit.ly/2GkyZxf>

#### **BLOG POST: Death in Central Australia - too much, and too soon**

Dr Christine Sanderson, a palliative care specialist working in Central Australia and ANZSPM's caring@home representative, has written a passionate blog post on supporting Aboriginal patients with a life-limiting illness. Dr Sanderson shares some learnings that make a difference for Aboriginal in-patients and pleas for better support to improve their situation. [Click here to read the blog post.](#)

#### **Upcoming Events 2020**

**Please note:** In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

#### **Oxford Centre for Education and Research in Palliative Care: ADVANCED COURSE WEBCASTS | multiple dates for 2020**

The Oxford Centre for Education and Research in Palliative Care in the UK is bringing you education of high quality from great speakers. For more information visit <https://www.sobelleducation.org.uk/our-courses/>

#### **PAIN2020 Virtual Meeting | 14-15 November 2020 |**

More information available at [www.dccconferences.com.au/pain2020](http://www.dccconferences.com.au/pain2020) or @PAIN2020SYD on Twitter.

### **Cancer Symptom Trials (CST) Clinical challenges in wound management workshop | 19 November 2020.**

The workshop will bring together clinicians, researchers and consumers to consider new study ideas that will generate evidence to enhance clinical management and decision making around malignant wound management. To register and find out how to present your wound management study idea go to <https://bit.ly/2IObUNB>

### **2<sup>nd</sup> Death matters conference | 20 November 2020 | Christchurch, NZ**

A Day of Exploration & Discovery. Topics include: Intuition & Spirituality in Modern Healthcare; Suicide Prevention - Everyone Has A Role; Hope After the Murder of a Child; Near-Death Experiences; Euthanasia - A Deeper Look at Euthanasia; The Value of Planning Ahead and the Future of Death & Immortality. Attendance counts for Professional Development in related fields. More info and ticketing at [www.deathmatters.nz](http://www.deathmatters.nz)

### **Palliative Care Nurses Australia Conference | 22-23 Nov 2020 | Pullman Albert Park, Melbourne VIC**

More information at <https://www.pcna2020.org/>

**NCIRS webinar: SARS-CoV-2 vaccine development: is a finish line in sight? 23 November 7-8.30pm AEDT.** For more information, [click here](#).

### **Australian Healthcare Funding Summit | 25-26 November 2020 | Virtually Delivered Event**

More information and to register, [click here](#).

### **Free lunchtime webinar: Interpreting the Counsel Assisting's Final Submission to the Royal Commission | 26 November 2020| 12.30pm to 1.15pm AEDT**

To register and for information, [click here](#).

### **Ō tātou hiranga | What matters to us - shared decision-making and advance care planning virtual hui | 2-3 December 2020**

The NZ Health Quality & Safety Commission is hosting a shared decision-making and advance care planning virtual hui for health care workers and managers. More information at <https://hqsc.eventsair.com/acp2020/>

### **Centre for Palliative Care SVHM Annual Lecture 2020| 1 December 2020 - *Improving Palliative Care for People with Neurological Illness: National and International Perspectives.***

Registrations open here for this Virtual Event

## **2021 EVENTS**

### **Kidney Supportive Care Symposium | 12 March 2021| Royal Brisbane and Women's Hospital Education Centre**

The 2021 Kidney Supportive Care Symposium will be an opportunity to hear from leading international and local speakers on the latest in Kidney Supportive Care. This Symposium is targeted at renal and palliative care clinicians across all disciplines, academics, and consumers. This symposium is a blended event and can be attended in person or on-line. Event Program and registration details TBA For further information please email [Laura.Austin@health.qld.gov.au](mailto:Laura.Austin@health.qld.gov.au)

### **PaCCSC & CST Annual Research Forum 2021: Clinical Trials in a Changing World | 11-12 March 2021 | via ZOOM**

This will be a joint forum brings together leaders in palliative care & cancer symptom management. For more information about the program and speakers, [click here](#). To register, [click here](#).

**Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra**

More information at [dcconferences.com.au/aps2021/](https://dcconferences.com.au/aps2021/)

**7th Rural and Remote Health Scientific Symposium | 24-25 May 2021 | Alice Springs, NT**

<https://www.ruralhealth.org.au/7rrhss/>

## Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

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Our standard office hours: Mon-Fri 9.15am-2.45pm AEST

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