

ANZSPM Member eNews – 25 September 2020

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ANZSPM20 Conference Report



Thank you to all our attendees from across Australia and New Zealand, our speakers who contributed their time, knowledge and experience, and the volunteer conference committee members and session chairs, who together made this event such a success!

A particular acknowledgement is extended to Prof Rod MacLeod for delivering the Rosalie Shaw Oration on Day 1 of the conference and providing inspiration to all in attendance.

Congratulations to ANZSPM20 Rural & Remote Travel Grant recipients Dr Monica Theron (NT), Dr Tasmin Coutts (WA) and Dr Samantha Wyton (Tas) as well as to Helen James (VIC) for the Trainee Award for best poster [Survey of health care interpreters and breaking bad news conversations.](#)

We are pleased to announce that the recordings of the presentations are now available for viewing on demand for the next 12 months. To view any of the talks please head to <https://anzspm.delegateconnect.co/>. Once you are on the platform you will need to log in with the details you used for the live event.

For those registered but unable to join us “live” at the conference last week, please note that recordings of the full conference can be accessed on demand for the next 12 months!

Thank you again and we are already looking forward to the next ANZSPM conference in 2022 in Canberra!!

COVID-19 updates

Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the

Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (9 September 2020)
- Previous ACPCWG newsletter (27 August 2020)
- An online hub of resources can be found on the CareSearch website.

ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available here. With further updates coming soon! ANZSPM members are encouraged to use and distribute these documents at their workplace. You can download the guidance documents [here](#).

NEW: Palliative care flow chart published by National COVID19 Clinical Evidence Taskforce

On 10 September 2020, the National COVID19 Clinical Evidence Taskforce published its new MANAGEMENT OF PEOPLE WITH COVID-19 WHO ARE RECEIVING PALLIATIVE CARE flowchart.

NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website [here](#).

AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector [here](#).

NZ: Health advice and latest updates on COVID-19

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website [here](#).

Government News

AUS: Critical health services extended across Australia

The Federal Government is extending a range of COVID-19 health measures for a further six months, to 31 March 2021. Medicare-subsidised telehealth and pathology services, GP-led respiratory clinics, home medicines delivery, and public and private hospital services will all be extended, as well as further investments in personal protective equipment (PPE). For more information, [click here](#).

Australian Commission on Safety and Quality in Health Care (ACSQHC) guidelines on informed consent

The ACSQHC has developed new guidance for clinicians on how to obtain informed consent in health care. The fact sheet provides information on the key principles for informed consent, how to obtain valid informed consent, principles for assessing legal capacity, information on legal obligations, and links to further information and useful resources. To find out more click [here](#).

AIHW: Palliative care services in Australia

On 15 September 2020, the Australian Institute of Health and Welfare published an update of its *Palliative care services in Australia*, which is an online web report on the activity and characteristics of palliative care services across Australia. For more information, [click here](#).

AIHW public consultation on the draft National Palliative Care and End-of-Life Care Information Priorities

A newly released paper will help to guide efforts in palliative care and end-of-life care information development over the next 10 years. Providing a vision for the future of national palliative care and end-

of-life care information, it will be the first of its kind in the palliative care and end-of-life care sector. The consultation draft of the National Palliative Care and End-of-Life Care Information Priorities was developed by the Palliative Care and End-of-Life Care Data Development Working Group (PC EOL WG), a subcommittee reporting to the Australian Health Ministers Advisory Council (AHMAC)'s Health Services Principal Committee (HSPC). To download the consultation paper and to access the online survey, click [here](#). The consultation is closing **8 November 2020**.

TGA releases two new TGA consultation papers part of the medical device reforms

1. Unique Medical Device Identification (UDI) system: a link to the consultation paper is here: [Exploring options for the introduction of an Australian Unique Device Identification \(UDI\) System \(UDI consultation paper 2\)](#).
2. Enhancements to adverse event reporting for medical devices: a link to the consultation paper is here: [Consultation: Proposed enhancements to adverse event reporting for medical devices](#)

These consultations will remain open until **18 November 2020**.

WA: Making advance care planning everyone's business: Help shape WA's approach to ACP education, training and awareness raising

The WA Department of Health End of Life Care Program invites members to [have your say](#) on the development of high level strategies to raise community awareness of advance care planning (ACP) and Advance Health Directives (AHDs) and improve access to education and training opportunities in the community and amongst health professionals in WA. The [online survey](#) takes approximately 20 minutes to complete and is open until Friday **23 October 2020**.

ANZSPM updates

We welcome Dr Catherine D'Souza as new ANZSPM Aotearoa Committee chair

ANZSPM welcomes Dr Catherine D'Souza as new Chair of the ANZSPM Aotearoa Committee following ANZSPM Aotearoa's annual business meeting on Friday 18 September 2020. Dr D'Souza takes over from Dr Rachel Wiseman, who stepped down after nearly four years on the committee, including two in the role of Chair. ANZSPM thanks Dr Wiseman for her significant contribution to the Society in this role, including her proactivity in advancing the profession through training and development initiatives and her advice to government on matters relating to proposed legislation and the planning and delivery of palliative care.

The new Aotearoa Committee, with effect from Saturday 19 September 2020 includes Dr Catherine D'Souza (chair), Dr Helen Atkinson, Dr Jane Greville, Dr Ian Gwynne-Robson, Dr Dean Fourie, Dr Diane Murphy, Dr Delamy Keall and Dr Janine Winters. If you have any queries, please email nzadmin@anzspm.org.au.

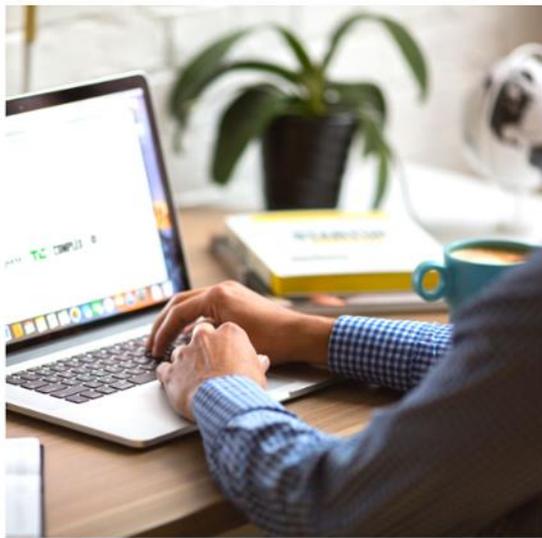
ANZSPM membership renewals 2020-21

We have now emailed all members a membership renewal invoice through our Xero accounting system. Thank you to the 437 members who have paid their renewal.

If you haven't renewed please note that your current membership expired on 30 June 2019 and after 30 September 2019 you will no longer be a financial member of ANZSPM. We welcome your feedback and ongoing engagement with the profession.

If you have any membership enquiries, please contact us at info@anzspm.org.au.

ANZSPM webinar series in 2020



ANZSPM Webinars

via @TheRACP

ANZSPM members are invited to join us for a series of webinars over the next 6 months on:

- Advanced Care Planning & incorporating VAD: the adult & paediatric perspective
- Palliative care in pandemics
- Update on opioids for breathlessness
- Haematology and Palliative Care

Our Members will be emailed registration details or can contact info@anzspm.org.au to find out more.

Not a member? Join now at anzspm.org.au!

ANZSPM

The webinars are supported by the Royal Australasian College of Physician's 2020 webspilot program.

With the support of the RACP, ANZSPM is again able to bring to our members a series of webinars over the next 6 months. Please save the dates for the following ANZSPM webinars with registration details being sent closer to the date:

ANZSPM webinar topic	Speaker	Speaker presentation date & time
Update on opioids for breathlessness	Prof David Currow	28-Oct-20; 6pm AEDT
Haematology and Palliative Care	Dr Rob Weinkove & Dr Zoe McQuilten	24-Nov-20; 6pm AEDT

Recordings of 2020 ANZSPM webinars

Please note that the ANZSPM webinars are now also available in the Member area of our website under 'past events'!

ANZSPM webinar topic	Speaker	Link to recording on RACP website (RACP member log in required)
Palliative Care in Pandemics	A/Prof Will Cairns	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Advance Care Planning & incorporating VAD: the adult & paediatric perspective	A/Prof Jenny Hynson & Dr Barbara Hayes	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Public Health Palliative Care, including post COVID-19 PHPC directions	Dr Bruce Rumbold	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Palliative care during the COVID-19 pandemic - experiences from a busy London hospital	Dr Sabrina Bajwah & Dr Rachel Wiseman	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine

External research study requests

Reminder: Assessing and Managing Depression in Palliative Care Patients with Very Poor Prognoses

A reminder that ANZSPM has received a request for voluntary Australian and New Zealand member participation in an online one-hour focus group from Dr Wei Lee, a palliative care physician at the Sacred Heart Hospital, Darlinghurst and PhD scholar at UTS, Sydney. A recent online survey has characterised the Australasian palliative care physicians' and psychiatrists' approaches to depression assessment and management in patients with very poor prognosis, briefly explored their perceived challenges.

The current study involving online focus group discussions seeks to explore this further. It involves discussing the results of the survey, understanding more in-depth of your views on the perceived challenges, and aim to create potential improvement strategies in the group setting. If you would consider participating in this 1-hr focus group likely hosted around October 2020, please fill in your contact details in this separate online link so necessary arrangements can be made: <https://redcap.research.uts.edu.au/surveys/?s=YCT94MMLY9>

If you have any questions about this research please feel free to contact Dr Wei Lee at Wei.Lee@student.uts.edu.au

Reminder: Designing for Inpatient Palliative Care in Australia

A reminder that ANZSPM has received a request for voluntary Australian member participation in a survey (approximately 12-18 minutes to complete) from Dr Rebecca McLaughlan, Faculty of Architecture and the Built Environment, University of Newcastle. We are trying to understand how the spaces in which palliative care is delivered can be better designed to support patients, their families and healthcare teams through end of life experiences. Specifically, how the design of inpatient environments work (functionally) for each group - and what could improve them - alongside how the appearance of these environments make people feel.

If you work, or previously worked, within an inpatient setting for palliative care in Australia we would love to hear your views. Please click on the link <https://www.surveymonkey.com/r/FDLJR7S>
For more information about this project, please click here or contact Dr Rebecca McLaughlan at rebecca.mclaughlan@newcastle.edu.au

Other updates



Palliative Care Australia (PCA) launches *Palli8* plan at Parliamentary Friends online event (25 Sept 2020)

PCA formally launched the *Palli8* plan at an online *Parliamentary Friends of Palliative Care Group* event on 25 September 2020. *Palli8* which will explore the critical role of Palliative Care in Aged Care and bring together experts representing consumers, the aged-care industry, academia and palliative care. The plan proposes eight key recommendations to improve **palliative care in aged care**, with calls for much needed funding to fully implement the [National Palliative Care Strategy 2018](#), together with palliative care training for every health and aged care worker. To download the plan click [here](#).

'caring@home for Aboriginal and Torres Strait Islander People' is looking for an advisory committee representative

ANZSPM was invited to provide a representative to the advisory committee of the 'caring@home for Aboriginal & Torres Strait Islander People', a national palliative care project funded by the Australian Government for the period July 2020-2023. The aim of the project is to improve the quality of palliative care service delivery to Aboriginal & Torres Strait Islander people by modifying existing *caring@home* resources to support Indigenous Australians to be cared for and to die at home, if that is their choice. The purpose of the Advisory Committee is to support effective and appropriate consultation and the overall development of resources to meet the needs of Aboriginal & Torres Strait Islander people over an 18 months period. To nominate yourself as ANZSPM representative, please contact info@anzspm.org.au or ceo@anzspm.org.au for more information including the terms of reference. The nomination has to be submitted by 6 October 2020.

'caring@home': palliMEDS with opioid calculator NOW AVAILABLE

A new version of the popular palliMEDS app is now available for download. The new version includes a handy opioid conversion calculator, designed to provide support to a clinician where a palliative care patient needs to be switched from some, or all, of their current opioids, to a replacement opioid delivered by the subcutaneous route. palliMEDS can be used offline (without internet connection), which makes it ideal for clinicians caring for patients in rural and remote areas of Australia. For more information, [click here](#).



My CPD RACP: a reminder of changes for the 2020 CPD year only

The RACP recognises that the innovation and learning it is currently seeing from our medical profession is perhaps the ultimate CPD. The RACP will not take action if you cannot meet CPD requirements in 2020.

You are not required to record CPD activities that you have completed in 2020, and the College will not be monitoring or auditing your 2020 CPD record. The Medical Board of Australia has stated that AHPRA will not take action if you cannot meet the CPD registration standard when you renew your medical registration in 2020. The Medical Council of New Zealand has waived recertification requirements for 2020.

For more information visit the MyCPD interactive handbook or contact the MyCPD Unit in Australia on 1300 697 227 or at MyCPD@racp.edu.au and in New Zealand on +64 4 460 8122 or at MyCPD@racp.org.nz

Cancer Australia's National Pancreatic Cancer Roadmap

ANZSPM has received an invitation from Cancer Australia to participate in the National Pancreatic Cancer Roadmap through a dedicated Consultation Hub. The National Pancreatic Cancer Roadmap will identify key priority areas for action over the next five years to improve outcomes for people with pancreatic cancer. It will consider all aspects of the cancer pathway, including prevention, early detection, diagnosis, treatment, supportive and palliative care. The **Consultation Hub will be open until 30 November 2020** at <https://consultations.health.gov.au/cancer-care/national-pancreatic-cancer-roadmap/>.

Upcoming Talk: “Surges in brain connectivity in the dying brain: Implications and approaches to better understand end-of-life care using translational bench to bedside research”

ANZSPM member Dr Greg Barclay has advised of an upcoming ZOOM talk on Friday 16 October 2020 by Dr Yama Akbari (MD, PhD) Assistant Professor of Neurology at the University of California at Irvine, USA which may be of interest to members. For further information and Zoom link to this discussion please contact Michael Barbato at Michael.barbato6@gmail.com

ARTICLE: Harris N et al.: Managing and sharing research data in children’s palliative care: Risks, benefits and imponderables (Joint Research Group for Together for Short Lives/Association of Paediatric Palliative Medicine)

Journal of Advanced Nursing | Online – 10 September 2020 – When the speciality of children’s palliative care was in its infancy, learning was based on experience and sharing good practice, but there is now an increasing emphasis on evidence-based interventions and care delivery, requiring the development of a robust and rigorous approach to research which will stand up to the highest levels of scrutiny. There is an expectation that during academic studies, publication of peer-reviewed papers or production of reports to funding bodies, this scrutiny will include access to the data collected as part of the research process. Access to research data by those outside the research team raises some important issues for research in this area, amplified by the challenges of research with a small population. In this editorial, the authors explore what this means for those conducting research and for participants in research. They highlight areas for further consideration to inform a conscientious approach in the future. **Full text:** <https://bit.ly/3hmiExQ>

ARTICLE: Are family carers part of the care team providing end-of-life care? A qualitative interview study on the collaboration between family and professional carers

Palliative Medicine | Online – 15 September 2020 – The attention of healthcare professionals is directed mainly towards the recipients of care and often insufficiently towards family carers. However, an effective collaboration between professionals and family carers is vital to provide quality palliative and end-of-life care. Such collaboration is under-studied in a palliative care (PC) context. Four main themes emerged from interpretative phenomenological analysis that describe the quality of the collaboration between family carers and professionals: 1) Respecting family carers both as someone with care needs and as a member of the care team; 2) The continuous availability and accessibility of healthcare professionals; 3) The provision of information and communication including family carer issues; and, 4) The coordination of care between all parties and contextual factors. The dominant experience by family carers was one of missed opportunities across these themes. This qualitative study about the experiences and perceptions of family carers of people with a chronic life-limiting illness living at home regarding the collaboration with different healthcare providers in the last phase of life, showed that family carers experience a lot of possibilities, but perceive missed opportunities as well, for healthcare professionals to effectively collaborate with them for PC. **Abstract (w. list of references):** <https://bit.ly/2ZCrBNy>

Upcoming Events

Please note: In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

Oxford Centre for Education and Research in Palliative Care: ADVANCED COURSE WEBCASTS | multiple dates for 2020

The Oxford Centre for Education and Research in Palliative Care in the UK is bringing you education of high quality from great speakers. For more information visit <https://www.sobelleducation.org.uk/our-courses/>

The International Society of Geriatric Oncology (SIOG) 2020 Annual Conference | 1-3 October 2020 | Geneva, Switzerland

Please note this conference has been cancelled but a remote meeting will be held instead. Please visit website at <https://siog.org/content/siog-2020-annual-conference-0>

University of British Columbia Division of Palliative Care CME Day | 23 October 2020 | 0815-1500 PDT | Broadcast from Vancouver CANADA

This series of 40-minute virtual presentations aims to share key messages learned from new Palliative Care initiatives in a variety of settings. For more information and to register, click here.

23rd International Congress on Palliative Care | 13-16 October | Montreal, Canada

For more information visit at <http://palliativecare.ca>

EUROPALL2020: European Conference on Controversies in Palliative Care | 29-30 Oct 2020 | Munich, Germany More information is at <https://europall2020.com>

PAIN2020 Virtual Meeting | 14-15 November 2020|

More information available at www.dconferences.com.au/pain2020 or @PAIN2020SYD on Twitter.

Palliative Care Nurses Australia Conference | 22-23 Nov 2020 | Pullman Albert Park, Melbourne VIC

More information at <https://www.pcna2020.org/>

Ō tātou hiranga | What matters to us - shared decision-making and advance care planning virtual hui | 2-3 December 2020

The NZ Health Quality & Safety Commission is hosting a shared decision-making and advance care planning virtual hui for health care workers and managers. More information at <https://hqsc.eventsair.com/acp2020/>

2021

Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra

More information at dconferences.com.au/aps2021/

7th Rural and Remote Health Scientific Symposium | 24-25 May 2021 | Alice Springs, NT

<https://www.ruralhealth.org.au/7rrhss/>

Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

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