

ANZSPM Member eNews – 14 August 2020

In this edition:

- Updates on ANZSPM's work on COVID-19: New guidance document on visitor limitations
- REGISTRATIONS are still OPEN: ANZSPM20 virtual conference, 17-19 September 2020
- **ANZSPM Aotearoa Annual Business Meeting (ABM) on 18th September 2020**
- Important: Changes to ANZSPM membership renewal 2020-21 process
- Upcoming events
- Careers – latest jobs link



ANZSPM is delighted to announce that registrations for our virtual ANZSPM20 conference (17-19 September 2020) are now OPEN!! Please visit the updated ANZSPM20 conference website to view the program! Registering will provide 12 months access to conference presentations.

COVID-19 updates

Australian COVID-19 Palliative Care Working Group (ACPCWG)

ANZSPM continues to work with the ACPCWG on supporting the palliative care response to COVID-19 in partnership with Palliative Care Australia (PCA), Palliative Care Nurses Australia (PCNA), the Australasian Chapter of Palliative Medicine (AChPM) of the Royal Australasian College of Physicians (RACP) and the End of Life Directions for Aged Care (ELDAC) program.

Other ACPCWG-related updates and resources are below:

- Latest ACPCWG newsletter (12 August 2020)
- Previous ACPCWG newsletter (28 July 2020)
- ACPCWG report: Palliative care during the COVID-19 pandemic: understanding the necessity for honest conversations and difficult decisions
- An online hub of resources can be found on the CareSearch website.

ANZSPM COVID-19 Special Interest Group (COVID-19 SIG) guidance documents

ANZSPM guidance documents developed by the COVID-19 SIG relating to palliative care in the COVID-19 context are available here. With further updates coming soon!

ANZSPM members are encouraged to use and distribute these documents at their workplace:
Visitor Limitations to hospitals and palliative care units in the COVID-19 Context (PDF File - 224k)
Palliative Care in the COVID-19 context (PDF File - 204k)
Palliative Care Communication in the COVID-19 context (PDF File - 452k)
Pandemic-Context Palliative Care triage - a response to COVID-19 (PDF File - 271k)
Solutions to supply and access issues for palliative care medication during COVID-19 (PDF File - 370k)
Further Symptom Management in COVID-19 patients - Treatment Approaches and Alternative Routes(PDF File - 702k)
Peri & Post-death COVID-19 care at home (PDF File - 342k)
Essential PEOLC in the COVID-19 pandemic (PDF File - 209k)
Bereavement and the COVID-19 pandemic (PDF File - 262k)

NZ Taskforce on COVID-19

COVID-19 related resources for NZ health care professionals can be found hosted on the Hospice NZ website here.

AUS: Coronavirus (COVID-19) advice for the health and aged care sector

The Australian Department of Health regularly provides up-to-date and authoritative information and advice on COVID-19 for the health and aged care sector here.

NZ: Health advice and latest updates on COVID-19

The Ministry of Health in New Zealand provides regular updates, information and health advice on COVID-19 on its website here.

Government News

AUS: AIHW releases new report on *Deaths in Australia*

Deaths data are a vital measure of a population's health and provides information on patterns of diseases that cause death, by population groups and over time. Examining death patterns can help explain differences and changes in health status, evaluate health strategies, and guide planning and policy-making. This AIHW web report presents updated data to 2018 on deaths, causes of death and life expectancy in Australia. Click here to download the web report.

AUS: National COVID-19 Clinical Evidence Taskforce survey

The National COVID-19 Clinical Evidence Taskforce wants to identify strengths and opportunities for improvement in the work of the Taskforce and their guidelines and flowcharts. The Taskforce is inviting Australian healthcare practitioners to participate in a brief (15 minutes) survey. Participation is voluntary, anonymous, and very much appreciated. Click here to participate before **Monday, 17 August 2020**.

AUS: Royal Commission into Aged Care Quality and Safety releases new research paper

The Royal Commission releases a new research paper prepared by the National Ageing Research Institute (NARI) on *Models of Integrated Care, Health and Housing*. It provides an overview and analysis of integrated models of care for older people, as they relate to health care, social care, and housing or accommodation in Australia. The paper can be downloaded here.

WA: Consultation and survey on the development of the revised WA Advance Health Directive (AHD)

The WA Department of Health End of Life Care Program is consulting on the development of the revised WA Advance Health Directive (AHD) form. An **Advance Health Directive** is a legal document that enables an individual to make decisions now about the treatment they would want -or not want - to receive if they became sick or injured and were incapable of communicating their wishes. The revised

AHD template is being developed following recommendations from the [My Life My Choice Report](#) and a subsequent [Ministerial Expert Panel report on Advance Health Directives](#). The revised template is aimed at encouraging consumers to engage in advance care planning and to more easily document their health care preferences in writing. Feedback can be provided by attending a consultation workshop or via an online survey. Please visit health.wa.gov.au/AHDconsult for more information about the consultation workshops and online survey.

ANZSPM updates

Save the date: ANZSPM Aotearoa Annual Business Meeting (ABM) on Friday 18th September 2020

The Annual Business Meeting (ABM) of ANZSPM Aotearoa Members will be held on Friday 18th September 2020 from 10-30 -11.30 by Zoom. All ANZSPM Aotearoa Members are invited to attend this virtual meeting. Further information on the ABM will be sent out to members next week, including a call for nominations to join the ANZSPM Aotearoa Executive Committee.

Important update: Changes to ANZSPM membership renewal 2020-21 process

Due to COVID-19 and issues with changing over to a new bank account ANZSPM had to modify our renewals process for 2020-21. Previously members would go online to renew but unfortunately our payment gateway is not working efficiently with members reporting issues with making payments this way. Therefore, over the next few weeks ANZSPM will be emailing members an invoice for their ANZSPM 20-21 membership. Note this will be based on members' current level of membership. Further information about eligibility and the different categories of membership can be found [here](#). If you have any membership enquiries, please contact us at info@anzspm.org.au

ANZSPM20 virtual conference from 17 - 20 September 2020

Registrations for our virtual ANZSPM20 conference (17-19 September 2020) are now OPEN!! Please visit the updated ANZSPM20 conference website to view the program, register and submit an abstract!

ANZSPM webinar series in 2020



ANZSPM Webinars

via @TheRACP

ANZSPM members are invited to join us for a series of webinars over the next 6 months on:

- Advanced Care Planning & incorporating VAD: the adult & paediatric perspective
- Palliative care in pandemics
- Update on opioids for breathlessness
- Haematology and Palliative Care

Our Members will be emailed registration details or can contact info@anzspm.org.au to find out more.

Not a member? Join now at anzspm.org.au!

ANZSPM

The webinars are supported by the Royal Australasian College of Physician's 2020 webpilot program.

With the support of the RACP, ANZSPM is again able to bring to our members a series of webinars over the next 6 months. Please save the dates for the following ANZSPM webinars with registration details being sent closer to the date:

ANZSPM webinar topic	Speaker	Speaker presentation date & time
----------------------	---------	----------------------------------

Palliative care in pandemics	Dr Rachel Coghlan & A/Prof Will Cairns	24-Aug-20; 6pm AEST
Update on opioids for breathlessness	Prof David Currow	28-Oct-20; 6pm AEDT
Haematology and Palliative Care	Dr Rob Weinkove & Dr Zoe McQuilten	24-Nov-20; 6pm AEDT

Recordings of 2020 ANZSPM webinars

ANZSPM webinar topic	Speaker	Link to recording on RACP website (RACP member log in required)
Advance Care Planning & incorporating VAD: the adult & paediatric perspective	A/Prof Jenny Hynson & Dr Barbara Hayes	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Public Health Palliative Care, including post COVID-19 PHPC directions	Dr Bruce Rumbold	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine
Palliative care during the COVID-19 pandemic - experiences from a busy London hospital	Dr Sabrina Bajwah & Dr Rachel Wiseman	https://www.racp.edu.au/fellows/resources/specialty-society-webinar-series/specialty-societies/australian-and-new-zealand-society-of-palliative-medicine

Other updates

New RACP Pomegranate Podcast episode: Ep62: Essential Ethics in Adolescent Health

In this episode, a sampler of the Essential Ethics podcast from the Children's Bioethics Centre, at the Royal Children's Hospital, Melbourne is shared. A couple of cases studies are also presented to help define "the Zone of Parental Discretion" – a space in which decision-making about a child's medical care is conceded to parents even if it's not optimal clinical management. You can download the episode [here](#).

IAHPC: Applications OPEN for Global Leaders in the Advancement and Development of Palliative Care (GLAD) Program

The International Association for Hospice and Palliative Care (IAHPC) is pleased to announce the Global Leaders in the Advancement and Development of Palliative Care (GLAD) Program. The GLAD program is designed to support palliative care workers from any discipline, who have demonstrated leadership capabilities, and who wish to advance palliative care in their own countries in line with United Nations (UN) Organizations resolutions and commitments and builds on the Leadership Development Initiative (LDI) to increase global palliative care capacity. The GLAD program aligns with the Advocacy thematic areas of work identified in the IAHPC 2020-2024 Strategic Plan. Selected applicants will be provided US \$3,000 stipend for the first year with another amount (not exceeding US \$3,000) to be determined for the second year, for travel to a UN organization meeting as part of the IAHPC delegation, depending on pandemic related travel restrictions. **Deadline to apply is August 31st, 2020.** Leaders will be announced the first week of November 2020. For more information about the GLAD program and how to apply, [click here](#).

ARTICLE: Mills, J., Ramachenderan, J., Chapman, M., Greenland, R., & Agar, M. (2020). Prioritising workforce wellbeing and resilience: What COVID-19 is reminding us about self-care and staff support. *Palliative Medicine* | Online 30 July 2020|

In this article, the authors stress that the rapidly changing clinical roles and an increased workload due to COVID-19, paired with infection risks and limitations in personal protective equipment, have harmed palliative care practitioners' mental health and wellbeing that can affect the care they are giving.

Full article: <https://doi.org/10.1177/0269216320947966>

ARTICLE: We will all be changed: Palliative care transformation in the time of COVID-19

Journal of Palliative Medicine | Online – 27 July 2020 – Transformation began in early 2020. In December of 2019, a novel respiratory illness was described in China, and the era of the global pandemic caused by severe acute respiratory syndrome Coronavirus 2 began. Coronavirus disease 2019 (COVID-19) has expanded globally to infect millions of people and to cause over half a million deaths – and these numbers are underestimates due to lack of widespread testing. By the time this article is published, this epidemiology will be far out of date, since the number of cases and deaths per day continues to rise globally and in the U.S. People who are pre-symptomatic and minimally symptomatic will shed and share this virus that is so adapted to our human desire to touch, to interact, and to live in proximity to one another. Although most people who are infected will recover, a significant percentage will die or live on with major chronic effects on lung, renal, or neurologic function. Every facet of ordinary life is affected, from celebrations to funerals, from grocery shopping to employment, from household cleaning to visiting older relatives. And frankly, although research is progressing on treatment and vaccines, we all know this new normal will be sustained for an indefinite amount of time. **Full text:** <https://bit.ly/3hJZwuk>

ARTICLE: Noble S. (2020). Venous thromboembolism in palliative care patients: what do we know?

Thrombosis research | July 2020 | Despite a breadth of data on the management of cancer-associated thrombosis, all the studies informing clinical guidelines excluded patients receiving palliative care. Patients with advanced cancer have a higher rate of recurrent venous thromboembolism (VTE) and bleeding, making them one of the most challenging populations to treat. The dearth of population-specific research leaves clinicians with few options but to extrapolate data from clinical trials conducted on a healthier population. Recent observational studies have challenged the utility of doing this, suggesting the natural history of VTE in the advanced cancer patient may differ to our first beliefs and that a less aggressive approach to anticoagulation is warranted particularly near the end of life. This paper highlights what we know so far. **Full Abstract:** [https://doi.org/10.1016/S0049-3848\(20\)30410-2](https://doi.org/10.1016/S0049-3848(20)30410-2)

Upcoming Events

Please note: In light of the evolving situation around the current COVID-19 pandemic, many events previously promoted in our eNews may have been postponed, cancelled or moved to a virtual format. ANZSPM recommends members check this directly with event organisers!

Oxford Centre for Education and Research in Palliative Care: ADVANCED COURSE WEBCASTS | multiple dates for 2020

The Oxford Centre for Education and Research in Palliative Care in the UK is bringing you education of high quality from great speakers. For more information visit <https://www.sobelleducation.org.uk/our-courses/>

The International Society of Geriatric Oncology (SIOG) 2020 Annual Conference | 1-3 October 2020 | Geneva, Switzerland

Please note this conference has been cancelled but a remote meeting will be held instead. Please visit website at <https://siog.org/content/siog-2020-annual-conference-0>

23rd International Congress on Palliative Care | 13-16 October | Montreal, Canada

For more information visit at <http://palliativecare.ca>

EUROPALL2020: European Conference on Controversies in Palliative Care | 29-30 Oct 2020 | Munich, Germany More information is at <https://europall2020.com>

PAIN2020 conference | 14-15 November 2020 | Hyatt Regency Sydney
More information at: <https://dcconferences.com.au/pain2020/>

Palliative Care Nurses Australia Conference | 22-23 Nov 2020 | Pullman Albert Park, Melbourne VIC
More information at <https://www.pcna2020.org/>

Ō tātou hiranga | What matters to us - shared decision-making and advance care planning virtual hui | 2-3 December 2020

The NZ Health Quality & Safety Commission is hosting a shared decision-making and advance care planning virtual hui for health care workers and managers. More information at <https://hqsc.eventsair.com/acp2020/>

2021

Australian Pain Society 41st Annual Scientific Meeting | 18-21 April 2021 | National Convention Centre, Canberra
More information at dcconferences.com.au/aps2021/

7th Rural and Remote Health Scientific Symposium | 24-25 May 2021 | Alice Springs, NT
<https://www.ruralhealth.org.au/7rrhss/>

Careers

For the latest positions advertised on the ANZSPM website – visit the ANZSPM Careers pages for details!

You are receiving this email as a member of ANZSPM.

Are you following us on Twitter @ANZSPM and LinkedIn? For more news and updates, follow ANZSPM and visit [@ANZSPM](#)

The Australian & New Zealand Society of Palliative Medicine Limited | ABN 46 639 357 305
E: info@anzspm.org.au | T: +61 2 6189 2244 | www.anzspm.org.au
Our standard office hours: Mon-Fri 9.15am-2.45pm AEST

IMPORTANT: The information in this email and any attachments may be confidential and/or subject to copyright. If you are not the intended recipient, you must not read, use, copy, disclose or disseminate this email, any attachments or information contained in this email and must delete it. Unless stated or apparent from its terms, any opinions expressed in this email or its attachments are solely those of the author and do not represent those of the Australian and New Zealand Society of Palliative Medicine. The responsibility for virus detection is the recipient's and we do not accept any responsibility for any loss or damage arising in any way from the use of this email or any attachments.