

## ANZSPM Member Alert – 8 March 2019

It's **International Women's Day** and ANZSPM would like to acknowledge our many women members who are leading and making an impact in the field of Palliative Medicine and helping us to together improve health outcomes for every person with a life limiting illness in Australia and New Zealand. #MorePowerfulTogether

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### ANZSPM is first non-European association to join EAPC!

We are delighted to inform members that as of this week ANZSPM is a national association member of the European Association for Palliative Care (EAPC). ANZSPM is the first non-European association to be admitted to membership of the EAPC, an opportunity which became possible following a recent change to the EAPC by-laws.

As a national association member of EAPC, **all ANZSPM members are invited to join the EAPC for FREE** and avail of the following benefits:

- Networking with National Associations and individual members from countries Worldwide
- 25% discount on [EAPC Congress registration](#) (members must have registered with EAPC to request this discount and unfortunately if you have already booked for this year, EAPC is unable to refund)
- Weekly updates on latest topical issues for best practice in palliative care
- Discounts on a range of subscriptions to palliative care journals and books

To avail of these benefits individual ANZSPM members must [register](#) as an EAPC Member on the EAPC website. When completing the registration subscribe as a member of an association (collective member) and select Australia-ANZSPM (AU&NZ) as your "[National Association](#)". **Please note that your individual registration must be renewed each year.**

### Australian Government National Palliative Care Strategy 2018

As previously emailed to members, on 28 February 2019 the Australian Government released the updated National Palliative Care Strategy 2018. The Strategy can be viewed [here](#).

### #WeNeedtoTalkAboutDying – Hospice NZ animation published

Hospice NZ have created an animation called "[What is it like to die?](#)" as part of the [#weneedtotalkaboutdying](#) campaign that ANZSPM is supporting in New Zealand.

The animation aims to provide information about a part of life that many New Zealanders (and Australians) have become unfamiliar with. We know many people worry about dying, and 'How will I know I'm dying?' and 'What will it be like?' are some of the questions most often asked of hospice staff. This animation will allow people to access information in their own time, and perhaps provide a good prompt for further conversations with their health professionals or families. The video was co-written by palliative care specialist Professor Rod McLeod, who also narrates the video. The Youtube animation can be found via this [link](#).

### QLD Inquiry into Aged Care, End-of Life, Palliative Care & VAD Issues Paper released

The QLD Health, Communities, Disability Services and Domestic and Family Violence Prevention Committee has now released an [Issues Paper](#) for this inquiry. Submissions are due **15 April 2019**. Public hearings will commence in late March.

ANZSPM will be making a submission to the inquiry and **invites QLD members to provide feedback to [submissions@anzspm.org.au](mailto:submissions@anzspm.org.au) by 11 March 2019** to inform an ANZSPM submission in response to the Issues Paper.

RACP is also calling for input for an RACP submission to this inquiry due **by 11 March** and is specifically seeking input on how aged care, end-of-life and palliative care are delivered for Queenslanders and whether the consultation has due regard to the terms of reference of the Australian Government's Royal Commission into the Quality and Safety of Aged Care. To participate in the RACP submission, please respond directly to [racpconsult@racp.edu.au](mailto:racpconsult@racp.edu.au).

Members may also wish to make individual submissions to the Inquiry.

### RACP request for input – Royal Commission into Aged Care Safety and Quality

ANZSPM has received a request from RACP for member input to a submission they are preparing to the [Royal Commission into Aged Care Quality and Safety](#). The RACP advises that quality and safety of aged care is an area of health care in which the RACP has collective expertise, and RACP encourages you to put forward your experience and suggestions on this topical issue so it can develop a high quality effective submission for change.

View the [Terms of Reference](#) for the Royal Commission. Submissions are open until June 2019.

#### RACP Timeframe:

The Commission will issue an interim report by 31 October 2019, and a final report by 30 April 2020. The RACP aims to provide a submission by June 2019. **Please provide input by COB Tuesday 30 April directly to [racpconsult@racp.edu.au](mailto:racpconsult@racp.edu.au)**. The RACP will then collate input, prepare a draft and go back to people for more information and specifics if necessary, and progress to CPAC.

### ANZSPM member discount for Oceanic Palliative Care Conference 10 -13 September 2019

We are pleased to advise that ANZSPM Members are eligible to receive a member discount early bird rate to attend the OPCC19 in Perth. Members simply need to indicate ANZSPM as their member organisation when [registering online](#), in order for the discounts to apply and register before 29 June! This is strictly for current ANZSPM members only.

Don't forget the ANZSPM AGM and an ANZSPM Study Day for Trainees and New Fellows will be held during the conference and we look forward to joining you there.

### New Book published by long-serving ANZSPM member Dr Frank Brennan

Dr Frank Brennan, a Palliative Care Physician in Sydney and ANZSPM member has published a new book, *"As Vast as the World"*. It is a collection of published articles on the response of great writers to illness, death, bereavement and Palliative Care. Frank has kindly offered to provide a complimentary copy of the book to all ANZSPM members. The book will be progressively sent out to all members over the next few months.

### Don't Miss Out! Register now for ANZSPM Trainee Day, 30 March | Palmerston North NZ

The next ANZSPM Aotearoa Trainee Day will be held at Arohanui Hospice on Saturday 30 March 2019. The day is open to medical practitioners training in palliative care (Advanced Trainee/Diploma of Palliative Care, GP with special interest in Palliative Care, Palliative Care Medical Officers and new Palliative Medicine specialists within their first year of vocational registration). Program and registration forms are now available on the [ANZSPM website](#).

**Registrations close 27 March! Don't miss out!**

### Save the date! ANZSPM Trainee Day, Thursday 6 June 2019 | Gold Coast QLD Australia

An ANZSPM Study Day for Trainees and New Fellows will be held on Thursday 6 June 2019 on the Gold Coast, alongside the Gold Coast Supportive and Specialist Palliative Care Service inaugural seminar on Interventional Palliative Care and Medical Updates being held 7-8 June 2019.

Mark the date in your diaries – more information will be provided on the ANZSPM website soon!

### ANZSPM Aotearoa Annual Update and Trainee Day, 27-29 June 2019 | Queenstown, NZ

ANZSPM Aotearoa's 2019 Annual Update will be held **28-29 June** at the Heritage Hotel, Queenstown NZ. A Study Day for Trainees and New Fellows will be held on Thursday **27 June**.

This event is open to medical practitioners training or working in palliative care. More details on the event will be published on the ANZSPM [website](#) as it becomes available.

### OTHER EVENTS FOR YOUR DIARY

#### **caring@home Webinar and South Australian Roadshow**

**On Thursday 28th March 2019** *caring@home* in collaboration with Safer Care Victoria will present a live 40-minute webinar featuring clinicians discussing their experiences using the *caring@home* resources in the community and taking questions from the audience.

- 3.00pm AEDT (NSW, VIC, TAS, ACT)
- 2.00pm AEST (QLD)
- 2.30pm ACDT (SA)
- 1.30pm ACST (NT)
- 12.00pm AWST (WA)

The presenters are:

- Prof. Liz Reymond - *caring@home* Project Director and Deputy Director, Metro South Palliative Care Service, Metro South Health, Queensland
- Charlotte Coulson - CNC, Integrated Palliative Care Team, Bendigo Health, Victoria
- Fiona Israel - RN, MCouns - Projects, Centre for Palliative Care, Melbourne, Victoria
- Jeremy McKnight - Director, Shannon's Bridge, Victoria
- Dr. Claire Hepper - GP, Creswick and Director, Shannon's Bridge, Victoria.

For more information and to register, [click here](#).

### **National Advance Care Planning Week 1-5 April 2019**

[National Advance Care Planning Week](#), encourages all Australians, regardless of their age or health, to make their future health care preferences known. The initiative challenges people to start conversations with loved ones about what living well means to them and to consider who they would want to speak for them, if they were too sick to speak for themselves.

### **ANZSGM Annual Scientific Meeting, 13-15 May 2019 | Adelaide SA**

The conference will be on **13-15 May 2019** at the recently redeveloped Adelaide Convention Centre.

This is the premier conference for Geriatric Medicine in Australasia with over 700 delegates attending the 2018 meeting in Sydney. ANZSGM 2019 has the theme of "Geriatric Medicine – Best care to the end" which will focus on evidence and innovation in the care of older adults and in end of life care. The program will also feature updates in cardiovascular and neurological diseases in older patients. Further information is at [www.anzsgmconference.org](http://www.anzsgmconference.org).

### **Gold Coast Supportive & Specialist Palliative Care Service inaugural seminar on Interventional Palliative Care & Medical Updates, 7-8 June 2019 | Gold Coast University Hospital, QLD**

The inaugural seminar will provide updates and support for Consultants, Registrars, Nurse Practitioners and CNCs in palliative care. It is a free event, with catering provided. Please note places are limited and registration is essential. To register visit: <https://1st-goldcoast-pallcare-seminar.eventbrite.com.au>. For all enquiries, email: [GCHPalliativeCare@health.qld.gov.au](mailto:GCHPalliativeCare@health.qld.gov.au)

### **Annual Renal Supportive Care Symposium 1-2 August 2009, Sydney**

The Annual Renal Supportive Care Symposium will canvas multiple topics in Renal Supportive Care including symptom management, advance care planning, moral distress for clinicians, the law and ethics of dialysis withdrawal, indigenous issues and communication skills. In addition, Professor Mark Brown, Nephrologist will present "What is new in Renal Supportive Care?" All are most welcome. For registration please contact Elizabeth Josland on [elizabeth.josland@health.nsw.gov.au](mailto:elizabeth.josland@health.nsw.gov.au)

### **Asia Pacific Hospice Conference, 1-4 August 2019 | Indonesia**

This conference will provide an opportunity to gain and exchange expert knowledge and network with fellow hospice and palliative care experts. Abstract submissions for the 13<sup>th</sup> APHC have been extended until **Thursday 28 February 2019**. Early bird registrations have also been extended until **Sunday 31 March 2019**. For more information and submission details visit the APHC [website](#) and/or contact the conference secretariat at [aphc2019poster@gmail.com](mailto:aphc2019poster@gmail.com).

### **Oceanic Palliative Care Conference, 10-13 September 2019 | Perth**

Palliative Care Australia in collaboration with Hospice New Zealand has opened registrations for the 2019 Oceanic Palliative Care Conference. Abstract submissions close **Wednesday 6 March** – more information can be found on the [website](#). To register and for more information on the conference visit the [Oceanic Palliative Care Conference website](#). Twitter updates for the event can be followed at #19OPCC.

### **World Congress on Itch, Sydney, 17-19 November 2019**

The symptom of itch, or pruritus, can be a very disabling. Until the modern era, little was understood about this symptom. In the modern era, a quiet revolution has occurred in the understanding of mechanism and management. This conference will include the work of the world's leading neuroscientists in this area. To help those new to this science of this symptom a session entitled "Itch for beginners" will be held on the first morning. This will summarise the basic pathophysiology of pruritus and the management of major itch syndromes including uraemic, cholestatic and paraneoplastic pruritus and the pruritus of cutaneous T-cell lymphomas. This is the first time this Congress has been held in Australasia and is an excellent opportunity to gain a greater understanding of pruritus. Registration and details are at [www.ifs2019.com.au/](http://www.ifs2019.com.au/).

### **Careers**

New positions have recently been advertised on the ANZSPM website – visit the ANZSPM [Careers](#) pages for details!

You are receiving this email as a member of ANZSPM.

**Are you following us on Twitter [@ANZSPM](#) and [LinkedIn](#)? For more news and updates, follow ANZSPM and visit [www.anzspm.org.au](http://www.anzspm.org.au).**

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Our standard office hours: Mon-Thurs 9.15am-2.45pm AEST

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