

# ANZSPM Member Alert – 20 September 2018

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## ANZSPM Council Member Update

ANZSPM congratulates ANZSPM's new President-Elect, A/Prof Leeroy William and Drs Kim Caldwell, Emily Cooper, Jane Greville, David Holden, and Chi Li who were elected/re-elected as Members of the ANZSPM Council at the AGM held on Saturday 8 September during the ANZSPM conference.

They join continuing members of Council, Prof Meera Agar (President), Dr Rachel Wiseman (Chair of ANZSPM Aotearoa Committee) and Prof Gregory Crawford (Ex Officio member as President of AChPM).

## ANZSPM 2018 Conference report

Thank you to all our attendees from across Australia and New Zealand, our speakers who contributed their time, knowledge and experience, and the volunteer conference committee members and session chairs, who together made this event such a success.

The conference was opened on Friday morning by NSW Minister for Health, The Hon. Brad Hazzard MP, who showed his appreciation for the event, later tweeting:

*'Palliative Care. What is it? How is it delivered. Like so much else in medicine ... the "being", the listening, the respect, the kindness are crucial. Thanks to Rosalie Shaw for her "being" and her leadership.'*

A particular acknowledgement is extended to Dr Will Cairns OAM for delivering the *Rosalie Shaw Oration* on Day 1 of the conference, wonderfully drawing on the theme *New Frontiers*, while acknowledging the contributions of Dr Rosalie Shaw, and providing inspiration to all in attendance. An audio recording of the oration will be made available in the ANZSPM website members' area shortly for those who weren't able to join us at the conference and we thank Will for allowing us to record the session.

## Trainee Award congratulations

Congratulations to the winners of the ANZSPM 2018 Trainee Awards:

- Dr Joanne Patel from the John Hunter Hospital, receiving the award for best oral presentation: 'Laxative use in inpatients on oxycodone/naloxone prolonged release and oxycodone prolonged release for cancer and non-cancer pain'; and
- Dr Gauri Gogna from the Gold Coast University Hospital, receiving the award for best poster presentation: 'Comparison on expenditure between an inpatient palliative care unit, and tertiary adult medical and surgical wards for patients' at end of life - A retrospective chart analysis'.

Dr Patel received a prize of \$750 and Dr Gogna a prize of \$500, in recognition of their work as presented at the ANZSPM 2018 conference.

### Australian Government News: Royal Commission into aged care sector

A Royal Commission into the aged care sector was recently announced by the Australian Government, with a consultation seeking feedback to develop a detailed Terms of Reference open until Tuesday 25 September. The Royal Commission will primarily look at the quality of care provided in residential and home aged care to senior Australians. It will also include young Australians with disabilities living in residential aged care settings.

It is anticipated the Terms of Reference will cover:

- The quality of care provided to older Australians, and the extent of substandard care;
- The challenge of providing care to Australians with disabilities living in residential aged care, particularly younger people with disabilities;
- The challenge of supporting the increasing number of Australians suffering dementia and addressing their care needs as they age;
- The future challenges and opportunities for delivering aged care services in the context of changing demographics, including in remote, rural and regional Australia;
- And other matters that the Royal Commission considers necessary.

More information can be found on the Department of Health website [here](#).

### Joint Policy Statement on Grief and Bereavement

Palliative Care Australia (PCA) and Australian Centre for Grief and Bereavement have launched a joint [policy statement](#) on grief and bereavement. The policy statement highlights the importance of addressing psychological, spiritual and cultural needs of an individual, and how palliative care can offer a support system which helps carers and families cope during the person's illness and in bereavement.

The Grief and Bereavement policy statement can be accessed from the PCA website [here](#).

### caring@home resources available from 29 October 2018

From 29 October 2018 organisations and health care professionals can order or download resources from the [caring@home website](#).

Resources for carers include:

- A practical handbook for carers
- Writing a label, opening an ampoule and drawing up medicine: *A step-by-step guide*
- Giving a medicine using a subcutaneous cannula: *A step-by-step guide*
- Medicines diary and colour-coded labelling system
- A practice demonstration kit
- Short training videos.

Organisational resources include:

- Guidelines for handling palliative care medicines in the community (prepared by the National Prescribing Service)
- An example policy and procedure regarding safe management of breakthrough symptoms using subcutaneous medicine.

Resources for health professionals include:

- Online nurse education modules to train carers using the caring@home package

- palliMEDS app.

### **RACP e-learning courses, November- December 2018**

**Registration now open:** eLearning courses on Cultural Responsiveness and Diagnostic Error open to all RACP Fellows and Trainees. Register now and for more information click here: [Qstream courses.](#)

#### **Cultural Responsiveness course details**

The course will:

- encourage self-reflection on core cultural values and improve understanding of implicit bias in patient interactions
- provide resources, tools and a framework to enhance cultural responsiveness in practice
- offer knowledge to assess patients' language needs and work more effectively with interpreters.

[Click here to register for the Cultural Responsiveness course.](#)

#### **Diagnostic Error course details**

The course will:

- enhance understanding of decision making during diagnosis in complex environments
- increase knowledge of potential system and cognitive factors that can impact accurate diagnostic decision making
- advise how to identify, learn from and reduce diagnostic errors.

[Click here to register for the Diagnostic Error course.](#)

### **UPCOMING ANZSPM EVENTS FOR YOUR DIARY**

Scheduled ANZSPM events are listed below – save the dates!

#### **ANZSPM Trainee Day, Saturday 30 March 2019 | Palmerston North NZ**

The next ANZSPM Aotearoa Trainee Day will be held at Arohanui Hospice on Saturday 30 March 2019.

The Trainee Day is open to ANZSPM Members only who are medical practitioners training in palliative care (Advanced Trainee/Diploma of Palliative Care, GP with special interest in Palliative Care, Palliative Care Medical Officers). The program and registration forms will be provided on the ANZSPM website once available.

#### **ANZSPM Medical & Surgical Update, 26-27 July 2019 PLUS Trainee Day 25 July | Melbourne VIC AUS**

The ANZSPM Medical and Surgical Update 2019 is scheduled to be held Friday 26 to Saturday 27 July 2019 at the AMREP Education Centre in Melbourne VIC.

A call for expressions of interest to be involved with the organising committee will be sent to all members shortly. Members who are interested in contributing ideas that fit with the medical and surgical focus of the event are encouraged to apply.

More details will be provided on the ANZSPM website events calendar as they become available. #ANZSPM19

### **OTHER EVENTS FOR YOUR DIARY**

A calendar of events for 2018-19 is available on the ANZSPM website [events pages](#). Information is provided on the ANZSPM website [events calendar](#) as it becomes available. If you know of an event of interest to members that is not already listed, please email details to [info@anzspm.org.au](mailto:info@anzspm.org.au).

#### **Workshop – The Spiritual Dimensions of Palliative Care, 3-4 Nov 2018 | Sydney NSW AUS**

The University of Notre Dame Australia, Sydney

104 Broadway, Broadway NSW 2006

Over the past two decades there has been a worldwide resurgence of interest in this challenging, neglected aspect of health care. The importance of the spiritual dimension is clearly outlined in the curriculum of the RACP Chapter of Palliative Medicine, for advanced specialty trainees. For example, learning objective 1.8.1 states: "Recognise that spirituality, however expressed, is a key dimension of the human experience and understand how spiritual issues can impact on suffering". This workshop has been particularly designed for these trainees, but it is suitable for anyone interested in the spiritual dimensions of palliative care.

Spirituality is a difficult concept to grasp. It is inherently personal and experiential, rather than cognitive. This is reflected in the workshop style, which is very participatory. The content draws on material from many sources: stories, images, music, and silent reflection. Participants work in groups of three, exploring topics such as meaning, suffering, hope, forgiveness, love and healing.

Workshop facilitator Prof Doug Bridge has pioneered palliative medicine in Australia and Asia since 1983. Since 2002 he has concentrated on the spiritual dimension, and led workshops in many countries. He is the past-President of the Australasian Chapter of Palliative Medicine.

**Cost:** \$250. Includes lunches, refreshments, and Saturday dinner.

**Registration:** Please email [ies@nd.edu.au](mailto:ies@nd.edu.au) to secure your place. You will be sent the details for the payment gateway and reading materials closer to the date of the workshop.

**Scholarships & accommodation:** Please contact [ies@nd.edu.au](mailto:ies@nd.edu.au) for our suggested list of accommodation options, or to apply for the scholarships available for students and others.

#### Cancer Care at a Crossroads Conference, 31 Jan – 1 Feb 2019 | Te Papa, Wellington NZ



#### [Cancer Care at a Crossroads Conference](#)

Planning for high quality, best value, integrated and equitable care in New Zealand.

31 January – 1 February 2019

Te Papa, Wellington, New Zealand

In response to a time of unprecedented change, uncertainty and opportunity, the University of Otago (Wellington) and Cancer Society of New Zealand, in partnership with the Ministry of Health and New Zealand Society for Oncology are convening a landmark cancer control conference to address challenges in cancer care, equity, prioritisation, and cancer control. The conference will :

- Bring together the brightest minds and most influential people from across the cancer control continuum.
- Draw knowledge and experience from international contexts that have faced similar problems to us.
- Paint a picture of the current major challenges that we face, and identify possible solutions to these challenges.
- Provide a forum for debate, and an opportunity to build networks and bridges across the continuum.
- Bring together funders, academics, clinicians and providers, policy leaders, and decision makers.

The international guest speakers are world-class thought leaders in cancer control and service improvement:

**Professor Richard Sullivan**, Professor of Cancer & Global Health at Kings College London (KCL) led the Lancet Oncology Commission on Delivering Affordable Cancer Care in High Income Countries, and most recently the Lancet Commission on Global Surgery 2030, Lancet Series on Women's Equity, Health and Cancer and the Lancet Oncology Commission on Global Cancer Surgery.

**Rami Rahal**, Executive Director, Cancer Control at Canadian Partnership Against Cancer in Toronto Canada. He combines expertise in healthcare management information and evidence-based decision support, with particular interest in cancer system performance measurement. He has led a number of workshops and courses on system performance measurement and evidence based policy at both the national and international levels.

The conference will be opened by the Minister of Health **Hon Dr David Clark**, with **Dr Ashley Bloomfield** (Director General of Health) delivering a plenary presentation on the opening morning. Other domestic speakers include Professor John Potter, Dr Nina Scott, Professor Diana Sarfati, Dr Richard Sullivan, Professor Parry Guilford, Dr Christopher Jackson, Ms Shelley Campbell, Prof Kath McPherson and many others.

For more information and to register, please visit the website: [Cancer Care at a Crossroads Conference](#). Places will be limited.

**EAPC 2019, 23-25 May 2019 | Berlin, Germany**



The congress “Global palliative care – shaping the future” will explore how palliative care fits with the current global health agenda.

**Abstract submission open 15<sup>th</sup> July until 15<sup>th</sup> October 2018.**

**Online abstract submission:** <http://www.eapc-2019.org/abstract-submission.html>

Further information on the congress, the plenaries and the parallel session is available at the congress website: <http://www.eapc-2019.org>. Registration is also open: <http://www.eapc-2019.org/registration.html>

**Oxford Center for Education & Research in Palliative Care, Annual Conference 2019 | United Kingdom**

(PAID ADVERTISEMENT)



**OxRPC**

Oxford Centre for Education and Research in Palliative Care

**OXFORD CENTRE for EDUCATION and RESEARCH in PALLIATIVE CARE**

Annual conferences

**OXFORD ADVANCED PAIN AND SYMPTOM MANAGEMENT COURSES 2019**

Pay online before 31st January 2019, Cost £495, from the 1st February 2019, Cost £550

Newcastle-upon-Tyne	13-14 June	Nottingham	26-27 June
Oxford 1	4-5 July	Oxford 2	11-12 July

#### GENERAL MEDICINE FOR PALLIATIVE CARE PHYSICIANS

24-25 January 2019, Cost: £325

#### ADVANCED COMMUNICATION SKILLS

25-26 October 2018, Cost: £600

6-7 December 2018, Cost: £600

28 Feb- 1 March 2019, Cost: £600

For further information and booking online: [www.sobelleducation.org.uk](http://www.sobelleducation.org.uk)

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#### Oceanic Palliative Care Conference 2019 (Palliative Care Australia and Hospice NZ)

Palliative Care Australia has announced that the Australian Palliative Care Conference will have a wider reach in 2019 as they work with the support of counterparts from Hospice New Zealand, and have rebranded the conference as the Oceanic Palliative Care Conference (19OPCC).

The conference will be held 10-13 September 2019 in Perth, Western Australia. More details can be found on the conference website: <https://oceanicpallcare.com>.

#### CAREERS

Five **new positions** have recently been advertised on the ANZSPM website – visit the ANZSPM [Careers](#) pages for details.

#### 2018-19 MEMBERSHIP RENEWAL

Have you renewed your ANZSPM membership for the 2018-19 year? If not, please note **membership renewals were due on 1 July 2018** and access to the ANZSPM members' area and member updates for anyone that has not renewed ends on 30 September 2018.

To renew, login to the ANZSPM website and follow the prompts. Don't forget to **check** that your details, including your MEMBERSHIP TYPE, are up to date (if no changes, scroll to the bottom of the page and click "Update" to be redirected to the payment gateway).

Membership inquiries should be directed to [info@anzspm.org.au](mailto:info@anzspm.org.au).

You are receiving this email as a member of ANZSPM.

**Are you following us on Twitter [@ANZSPM](#) and [LinkedIn](#)? For more news and updates, follow ANZSPM and visit [www.anzspm.org.au](http://www.anzspm.org.au).**

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Our standard office hours: Mon-Thurs 9.15am-2.45pm AEST

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